



Queen Elizabeth School Old Students' Association
伊利沙伯中學舊生會

Queen Elizabeth School Old Students' Association
Education Promotion Organization
伊利沙伯中學舊生會教育推廣機構



QESOSA

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2021



since 1954



since 1997



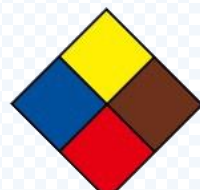
since 2003

Queen Elizabeth School School Song

Music by D E PARKER
Lyrics by E BLUNDEN



Vos Parate Ut Serviatis



Bring to our song the thankful soul,
The loving thought, the shining dream;
And let us all as one extol,
Our general and our several theme,
Our School of royal title,
Bring great gladness to her honouring.

Elizabeth a queenly name,
Begins the song and so begun.
Fair be our School's advance and fame,
And ever new her glory won.
The glory of the wise and good,
And old truth newly understood.

May knowledge from our works increase,
And serve the world and spread the light;
Be ours to share an active peace,
Among ourselves first learned aright;
And from this School let this be shown.
"Twas mine, but was not mine alone."

Now close the song; and close in full,
Re-echo, "Queen Elizabeth School".

Message from Chairman of QESOSA

Dear Fellow Old Students,

It is my honour to write to you as Chairman of QES Old Students' Association (OSA).

OSA held its 2021 Annual General Meeting (AGM) on 28 August 2021. At the AGM, 15 Executive Committee (Ex-Co) members were elected. Among them we welcomed a member from 12FA, a step closer to our objective of bringing in younger alumni to the Committee. To let our alumni know more about the Ex-Co members, the Annual Report 2021 has introduced a new section "Contributions from OSA 2021-22 Ex-Co Members" where they would introduce themselves to us.

The impact of the COVID-19 pandemic has eased off a bit in 2021, especially in the second half of the year. Nevertheless, it was still not an appropriate time for OSA to re-introduce the Ball Game Tournaments and the gala dinner.

As for the relationship with our alma mater, OSA continued to support the activities of Queen Elizabeth School. Around 50 alumni registered as mentors for the QES Alumni Mentorship Programme 2021. The Kick-off Ceremony of the Programme was held via Google Meet on 20 November 2021. Over 30 mentor counts and 170 mentee counts participated. The Speech Day was held on 26 November 2021 with Mr Kwan Sek Yiu (69FA) was the guest of honour of the Ceremony. Our alumni also participated in the School Camp Visit 2021 held on 4 December 2021. Besides the QES Open Day and Homecoming Day, the Sports Day and the Swimming Gala for 2021-22 school year were also cancelled. Our alumni had to wait for another year to show off their sports talents.

Under the shadow of the pandemic, organizing school activities was a big challenge to the teachers. On behalf of OSA, I would like to express our gratitude to Principal Chan Cheung Wai and his team for their effort in organizing various activities for the students and their involving OSA in the activities.

As a gesture of support to the students of QES, QESOSA Secondary School and QESOSA Tong Kwok Wah Secondary School who took the Diploma of Secondary Education Examination (DSE) in 2021, OSA donated 10 Rapid Antigen Test Kits (RAT) to each of them, totalling 3,400 kits.

Last but not least, may I express my heartfelt thanks to the support of our alumni in the work of OSA!

CHAN Chung (75FA)
Chairman



Message from Chairman of QESOSAEPO

Dear Alumni,

The COVID-19 epidemic situation in Hong Kong remained volatile in the 2020-2021 school year. For most part of the school year, lessons were taught through e-platform. With the experience of the previous school year, our four schools were able to make good use of the e-platform for teaching and conducting other activities. Nonetheless, it still posed a great challenge to teachers to provide students with

a balance of learning activities and extended activities without face-to-face interaction.

EPO places a great emphasis on teacher professional development. School-based teacher development has not been interrupted even in the past two epidemic infested years. Better though, the EPO professional development team was able to reintroduce the joint schools lesson observation exercise in 2020-2021, with focus on enhancing instructional leadership skills of the middle management.

Principal Ms Ho Man Mai, Amanda of QESOSA Primary School (QPS) and Principal Ho Suk Yee (78FA) of QESOSA Secondary School (QOS) retired in 2019-2020. I would like to express my gratitude to the two principals for their contribution to the schools and to EPO. Hence we welcomed two new principals in 2020-2021 - Mr Chiang Tung Leung of QPS and Dr Law Wai Kam, Jolene of QOS. Both Mr Chiang and Dr Law have all-rounded experience in school management, and I am sure the two schools are in safe hands.

There are two programmes under EPO Education Service Section – the Capacity Building Mileage Programme (CBMP) and the Elder Academy. In 2020-2021, CBMP was able to offer one course via zoom. As for the Elder Academy, to the disappointment of the elders, we were not able to offer any courses or activities two years in a row. The safety of the elders, our students and our staff should always be the paramount consideration.

2020-2021 has been a tough school year. Thanks to the able leadership of our principals, the dedication and professionalism of our teachers as well as the support and trust of our parents, we were able to provide our students with a close to normal learning environment. In the coming school year, I hope the schools can resume face-to-face classes fully so that our students can enjoy a balanced school life.



TONG Sau Chai, Henry
Chairman

Message from QES Principal



2020-2021 was another challenging year with many changes for staff and students of QES. In spite of these challenges, our staff ensured a smooth execution of the academic year and tried to make it as normal as possible by flowing through our planned calendar for the year, organising various events, programmes, competitions and activities.

Many of the abnormal arrangements during the pandemic became our “normal” practices. The suspension of face-to-face lessons meant a switch to conducting lessons online, the reinforcement of wearing masks on the school campus and initiation of vaccination requirements. Our teachers have been creative, flexible, resilient and determined to provide the best learning experience they can for our students. Through a wide range of face-to-face activities and online lessons, they worked hard to cultivate three essential virtues in our students - ‘love’, ‘appreciation’ and ‘respect’- representing our school’s themes.

In dealing with health and safety regulations relating to social distancing, we implemented strategies to adapt and overcome disruptions to our routines. During the suspension of face-to-face lessons in September, we held our first online open school assembly. We conducted live online interviews for S.1 discretionary places and met individual parents through our online system on Parent's Day. During lesson suspension and the HKDSE examination period, we conducted our 2nd Term Uniform Tests via Google Classroom. Students were monitored through webcams, and question papers and answer scripts were released and collected respectively through the platform.

I am proud, honoured and fortunate to be able to work with some of the best educators of our times. While COVID-19 led to the cancellation of many important school events, the drive, determination and passion of our teachers; underpinned by their knowledge, skills and empathy, meant that our students still had the opportunity to participate in extra-curricular activities. Our members of staff worked tirelessly to wrestle the many fast-changing obstacles and disruptions they faced.

The support from our alumni also ensured a number of important events to take place. Our first pre-recorded Annual Speech Day was broadcasted online on 5th March 2021, and we are particularly grateful to our Guests of Honour, Dr. TSOI Heung-sang

Message from QES Principal

Herbert, MH (59FA) and Mrs. TSOI LAI Yuet-sum Susanna (59FA), for their presence on this occasion. Dr. TSOI is recognised for being the only alumni to have served three different roles in QES – student, teacher and parent. He also played a prominent role in developing professional standards for teachers in Hong Kong and helping OSA with its community education work. Mrs. Susanna TSOI is equally outstanding as she was a pioneer in parent education in Hong Kong. Dr. TSOI and Mrs. TSOI are indeed the best role models for QES students. Dr. TSOI’s sharing has empowered our students to strive for success.

The kick-off of the Mentorship Programme was another significant event for the academic year. On 21st and 28th November, our alumni conducted two real-time online meeting sessions to approximately 100 students from S.3 to S.6. Over 30 alumni with different expertise and professions served as mentors. During the sharing, students received the latest information about multiple work disciplines and learnt about the need to equip themselves for the future. I sincerely thank our alumni for upholding these events which has strengthened the bond between our students and alumni.

The alumni under the headship of the Chairman of the Old Students’ Association (OSA), Mr. CHAN Chung (75FA), has remained one of our invaluable sources of support and resources. In 2020-2021, alumna Mrs. TSOI LAI Yuet-sum (59FA) and other alumni sponsored the planting of 11 new trees and replacement of damaged equipment at the School Camp. Mrs. WONG CHAN Lily, the widow of alumni Ing Dr. Wong Kai Yiu (66FA), set up a scholarship to award students excelling in Chinese and Mathematics. I am truly honoured for their support to their alma mater. It is from them that their younger brothers and sisters will have a greater chance of fulfilling their educational dreams.

The past two school years have presented unprecedented changes for our 2021 graduates. In spite of this, they embraced the 'QES Spirit' by seizing the circumstances, venturing forward and dedicatedly continuing their learning journey. On 25th May 2021, we celebrated their efforts and achievements in the S.6 Graduation Ceremony. It was a poignant moment of pride and celebration for them, signifying the growth of their youthful years that had passed. In line with the school's motto, "Prepare yourselves that you may serve", I am confident that our graduates will contribute their knowledge, skills and time to the community. To this day, our school continues to hold itself in high esteem, fostering children to become responsible young adults and acquire admirable qualities. The day finally came when our students received their results in the 2021 HKDSE examination. We are proud of them, many of whom attained commendable results. Of notable success was LEUNG Pok-yin Martin, our first-ever student, to obtain perfect scores of level 5** in all 7 subjects.

Message from QES Principal

Queen Elizabeth School Old Students' Association Executive Committee and other Officials 2020-2021

2020-2021 was the final year of our school's on-going three-year development plan. We evaluated the effectiveness of various school-based programmes, collected views from stakeholders and conducted a SWOT analysis. Finally, we agreed on the following two major concerns for the subsequent school development cycle: (1) to strengthen students' self-directed learning capacity and foster teachers' professional development, and (2) to cultivate students' leadership qualities, healthy habits, and global perspective skills. We aim to promote quality teaching and learning with a view to enabling our students to attain all-round development and develop positive values and attitudes.

Last but not least, we are excited about celebrating our school's Platinum Jubilee. To foster school spirit and the bonding between our students and alumni, we have initiated the School Museum Project which encompasses the conversion of the school's annex (former dental clinic) into a museum. The museum will be used to display a historical collection of books, archives, photographs and artifacts that document the history of QES. We will also train a team of student ambassadors to conduct research and compile information on the school's history; our students will interview different alumni and create a virtual platform to link all alumni with their fellow schoolmates.

In closing, let us work hand in hand, "Re-echo, Queen Elizabeth School" and march towards the glorious future!

Chan Cheung Wai, Eric
Principal
Queen Elizabeth School

Honorary Advisor:	Dr WONG Tai Wai, David (1963)	
	Mr SHUM Man Ching (1965)	
	Mr TONG Wai Lop, Philip (1974)	
Chairman:	* Mr CHAN Chung (1975)	
Vice Chairman:	* Ms CHING Wai Ming, Jasmine (1981)	
	* Mr TONG Sau Chai, Henry (1986)	
	* Mr YAN Sui Tong, Albert (1994)	
Honorary Secretary:	* Mr MAK Chi Shing, Matthew (1994)	
Honorary Treasurer:	* Mr CHEUNG Kwan, Eric (1977)	
Committee Member:	Mrs TSOI LAI Yuet Sum, Susanna (1959)	Ms HO Ming Wai, Celine (1986)
	Mr KWOK Sam Chuen (1961)	Ms LAM Man Yuk (1986)
	Mr MOK Kwai Sang (1962)	* Ms CHAN Sau Man, Samantha (1987)
	Mr CHEUNG Kau Wan (1963)	* Ms CHAN Wai Joanna Costello (1989)
	Mr TAM Wing Oi (1969)	* Mr CHAN Tik Yuen, Leonard (1990)
	* Mr KWAN Sek Yiu (1969)	Mr LEUNG Tai Hong, Steven (1992)
	Mr SO Wing Chi, Stanley (1970)	* Mr TANG Tsz Ching, Jeremy (1993)
	Ms KWOK Wai Hing, Winnie (1971)	Mr CHAO Luen Kit, Ernest (1995)
	Mr SO Chi Keung (1971)	Mr OR Man Ching, Stanley (1995)
	Ms YAU Lok, Joyce (1971)	Ms FUNG Wing Yee, Win (1996)
	Mr CHIN Kwok Keung (1973)	Mr WONG Chun Kit, Andrew (1996)
	Dr LAM Siu Keung (1978)	* Mr WONG Ho Tseung, Alan (1999)
	* Mr CHUNG Chi Cheung, Real (1981)	Mr KWOK Chin To, Thomas (2001)
	* Dr KONG Fuk Yip (1982)	Mr HUNG Wai Sing, Wilson (2006)
	* Mr CHEUNG Pui Kwan, Edwin (1983)	Mr KAM Ho Yuen, Alan (2006)
	Mr CHOY Boon Leung, Billy (1984)	
QES SMC Representative:	Mr YAN Sui Tong, Albert (1994)	(2020-2022 term)
	Ms CHING Wai Ming, Jasmine (1981)	(2021-2023 term)
Legal Advisor:	Mr CHAN Kin Hoi, Allen (1969)	
Auditor:	W M Moo Certified Public Accountant	

*Executive Committee Members

Queen Elizabeth School Old Students' Association

Form Association Coordinators

Queen Elizabeth School Old Students' Association

Form Association Coordinators

1956	LEE Hay Yue	李熙瑜	1975	CHAN Chung	陳 忠
1957	CHU Chi Fun	朱次焄	1976	TAM Yuet Har	譚月霞
1957	LEUNG Tat Yan	梁達仁	1977	CHEUNG Kwan	張 坤
1958	HO Chung Nin	何松年	1978	LEUNG Wai Ha	梁慧霞
1959	LEE Kwan Wai	李君蕙	1979	CHAN Shuk Kam	陳淑琴
1960	NG Kwan Mo	吳君武	1980	LAM Fong Moy	林芳梅
1960	POON Woon Ching	潘煥清	1980	SO Hon Ching	蘇漢澄
1961	KWOK Sam Chuen	郭森泉	1980	WONG Yuk Loi	黃鈺來
1962	MOK Kwai Sang	莫桂生	1981	CHING Wai Ming	程慧明
1962	CHOW Tung Shan	周東山	1982	CHENG Shu Kwan	鄭樹坤
1963	LAM Tak Fong	林德芳	1983	NG Wing Ho	吳永浩
1964	HON Wai Lam	韓慧霖	1983	TSANG Chi Wai	曾志衛
1965	CHAN Ting Kai	陳廷佳	1984	MAK Kam Wo	麥錦和
1966	LUI Sung Yee	呂崇義	1986	TONG Sau Chai	湯修齊
1967	YEUNG Po Yiu	楊步堯	1987	WONG Sze Ho	黃思豪
1968	CHOW Ping Yan	鄒秉恩	1988	LI Hiu Fai	李曉暉
1969	KWAN Sek Yiu	關錫堯	1989	LAM Siu Kei	林紹基
1970	FAN Siu Hung	范少雄	1990	CHAN Hung	陳虹
1971	KWOK Wai Hing	郭慧卿	1990	CHOI Yi King	蔡綺琮
1971	YAU Lok, Joyce	游 樂	1991	YOUNG Koon Hay	楊冠熹
1972	WONG Chun Por	王春波	1992	MAN Kin Cho	文健初
1973	CHIN Kwok Keung	錢國強	1992	NG Oi Suen	吳愛璇
1974	NG Pik Mei	吳碧薇	1993	WONG San Keung	黃三強

1994	HO Yu Leung	何宇亮	2008	CHAN Kwan To	陳盞淘
1994	MAK Chi Shing	麥志成	2008	LOU Shuk Man	勞淑文
1994	MAU Yuk Hung	繆旭雄	2009	WONG Yan Yu	黃昕愉
1995	LEE Tak Wui	李德匯	2009	KWOK Ho Ting	郭浩庭
1995	OR Man Ching	柯文清	2010	LAU Him	劉 謙
1996	CHAN Chi Wa	陳子華	2012	CHAU Chun Yee	周駿易
1997	CHUNG Tat Ming	鍾達明	2013	LUK Tsz Tung	陸子彤
1998	KWOK Siu Cheong	郭兆昌	2013	TONG Zhi Cai	湯子才
1999	WONG Ho Tseung	黃浩翔	2014	CHAN Tsz Yan	陳祉忻
2000	WONG Man Tao	黃文韜	2014	TONG Ming Sun	湯明新
2001	CHUNG Hin Shun	鍾衍信	2015	WOO Siu Man	胡筱雯
2001	LAM Ying	林 盈	2016	TONG Zhi Xian	湯子賢
2002	CHAN Kin Kwok	陳建國	2017	KWAN Ka Lok, Shirley	關嘉樂
2002	MAK Kit Ying	麥潔瑩	2018	LAU Hei Pak	劉希柏
2003	WONG Chak Yin	黃澤賢	2019	TONG Kin Fung	唐見豐
2003	WONG Sin Yu	黃善儒	2020	LAM Ka Chun	林嘉駿
2004	TSANG Pui Pui	曾佩佩	2021	CHAN Ho Yeung	陳浩暘
2004	TUNE Chun Tung	段振東	2021	LAU Ka Yan	劉嘉欣
2005	LAI Sze Mei	黎詩薇			
2005	LAU Chun Fai	劉俊輝			
2006	YIU Kin Man	姚建民			
2006	LAM Wang	林 弘			
2007	WONG Lok Sze	黃樂詩			
2007	TONG Yan Pui	唐茵蓓			
2007	FAN Ching Pak	樊澄柏			

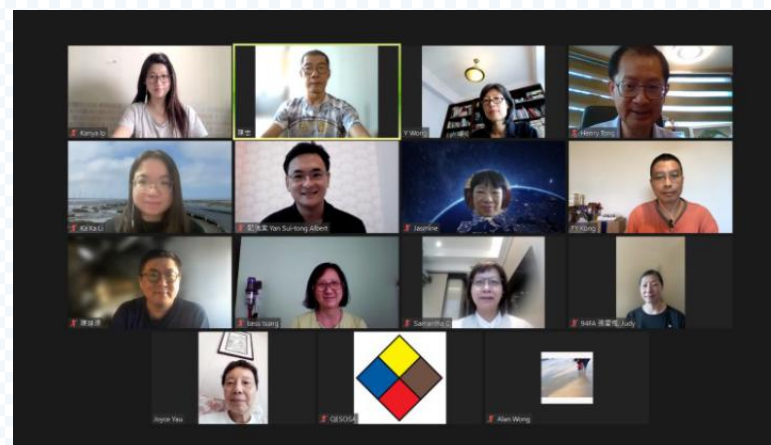
QESOSA Annual General Meeting 2021

QESOSA AGM 2021 was held on 28 August 2021 (Saturday) at Student Activity Centre of Queen Elizabeth School. The election of the 2021-2022 Executive Committee Members of QESOSA was conducted at the AGM.



QESOSA Executive Committee Meeting

Two Executive Committee (Ex-Co) Meetings were held in 2020-2021. Due to COVID-19 pandemic, the OSA Ex-Co meeting on 25 September 2021 was held via Zoom.



School Camp Visit 2021

The School Camp Visit 2021 was held on 4 December 2021 (Saturday). More than 200 people, including alumni, their family members, QES S1 students and their parents as well as PTA members, QES teachers, current and past joined the event.



伊中舞聚伊舞樂 (EZA Dance)

2021年回顧：又一年疫情下之伊中舞聚

伊中舞聚EZA Dance 「大內小組」

「伊中舞聚」自2015年秋成立至今，這個由伊中跨年級聯校友組成的土風舞組，轉瞬間已進入第七個年頭。到目前為止會員數目已超過八十人，橫跨五十至八十年代的級聯，儼然成為母校舊生會的常規活動。我們自2019年6月便已成功申請成為法定團體《伊舞樂》(EZA Dance)，以便租借各區的社區會堂作舞聚。

由於去年整年香港都是活在新冠病毒肆虐的陰霾下，舉行伊中舞聚就困難重重，障礙多多，不能像以往一樣每周都能舉行一次，甚至多次聚會。由於舞聚的主要場地紅磡社區會堂，不是因疫情突趨嚴峻而要臨時封閉，就是需要被徵用作「避寒」、「避暑」、「避風」、「避雨」中心，我們甚至經歷過因上述種種原因，進行中的舞聚突然要被腰斬，舞友要匆匆離場！74級聯劉昌富King Kong有見場地租借不穩定的因素，曾計劃另覓場地，嘗試租借元朗、屯門等社區會堂，於週末或其他日子進行舞聚。場地租借本已經水到渠成，但亦因新冠疫情突趨嚴峻，場地要用作防疫注射中心或須全面停止服務，King Kong的計劃便被迫告吹！

就如上述，伊中舞友對土風舞的熱愛未有受疫情影響而減退，反而變得更熾熱。伊中舞聚繼續用了另類及以多元化的方式舉行，雖然因限聚令下不能有太多舞友參與舞聚，King Kong就把舞聚的錄影片段上載於舞聚在面書Facebook的網頁內，讓未能參與該次舞聚的舞友可以分享及學習當天所跳的舞蹈，跟著72級聯麥明新伉儷Anson及Symbol、78級聯馮嘉詠Wing、69級聯黃仲基「皇上」、74級聯劉昌富King Kong...等領舞者所教授的舞步去自學。



2021年度首次【伊舞樂】舞聚 (7/3/2021)



【伊舞樂】EZA Dance 新力軍 - 80FA
四社四美圖 (14/3/2021)

除此之外，King Kong、Anson及皇上等亦繼續在網上搜羅一些世界各地的土風舞、時興的集體舞、排舞 (Line Dance)，甚至廣場大媽舞、運動熱身操等，上載於我們的跳舞群組，與我們分享。大家更利用網上平台進行授舞，讓我們跟著舞步試跳，在疫情中、禁足時可以動一動，鬆鬆筋骨，讓伊中舞友可以在不同時空中一齊共舞。

去年度的校友日及校營探訪日因疫情突趨嚴峻而相繼取消，我們未能再如往幾年一樣回母校共舞，亦未能向師弟妹們推介跳土風舞這伊中的優良傳統活動。

舞聚雖由年初開始，因為疫情關係而被迫停擺，直至三月初疫情稍有緩和才恢復。雖然如此，但去年舞聚也能斷斷續續的成功舉行了三十餘次，也可算對舞友有所交代，亦證明了伊中舞友對土風舞的熱愛，一點也不會受疫情的影響而減退！

希望來年疫情早退，限聚令解，不再有社交距離要求，大家生活重回正軌，不用再戴口罩，可以手拖手，能以廬山真面目去進行舞聚，可以有機會再回伊中母校禮堂、活動室、西貢校營等地方，進行舞聚及向就讀的師弟妹，推介這有益身心的伊中優良傳統活動！

正是：

身在 folk dance 不知福，再能 folk dance 就滿足。
疫情減退後，望大家重臨...「伊舞樂」滿林！



有舞跳·開心到飛起 (28/3/2021)



擺個風姿綽約的舞姿...咦？那裏來了個大花面？(11/4/2021)



誰人的舞鞋？(25/4/2021)



King Kong 被征服了！(2/5/2021)



是日屯馬線首日通車
(27/6/2021)



舞聚受酷熱天氣警告影響，只玩樂至14:45，卻換來突發的茶聚，各人難得的可以用廬山真面見！(27/6/2021)



追月舞聚後之追月聚餐，很享受的一天，有得跳，有得食，很輕鬆(22/9/2021)



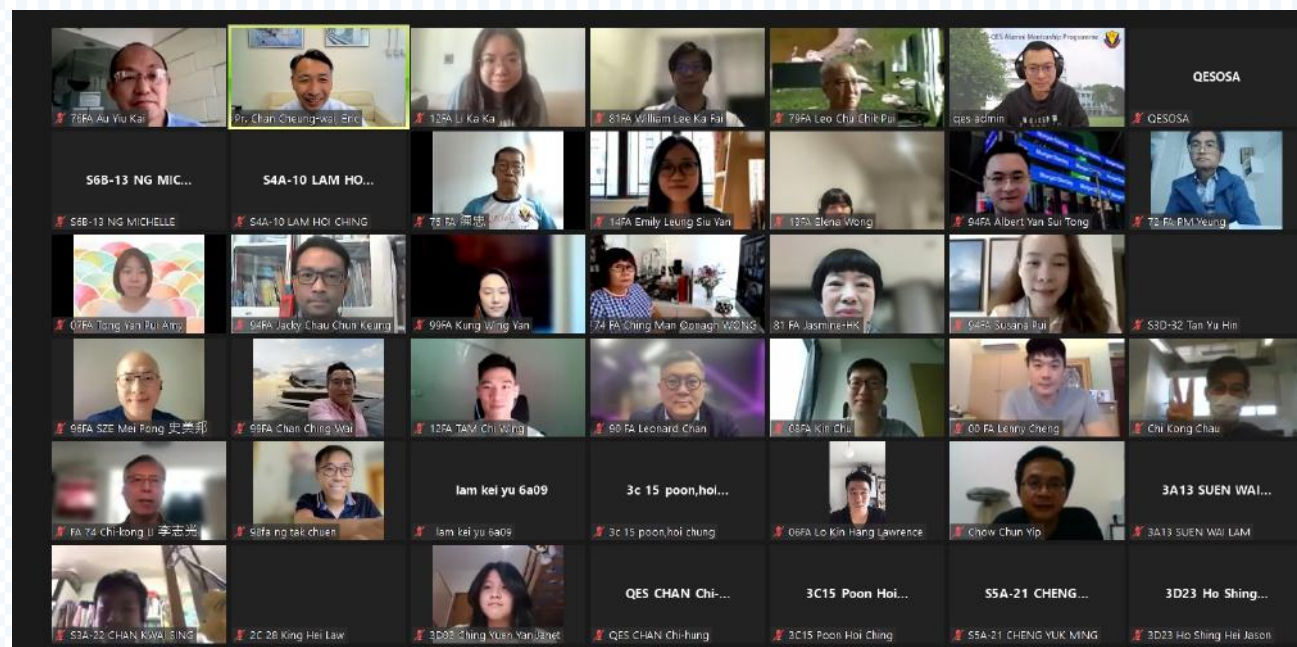
【伊舞樂】聚在紅磡(4/12/2021)



本年度最後一個舞聚，有14舞友出席2021年歲晚收爐「伊舞樂」！(31/12/2021)

QES Alumni Mentorship Programme 2021-2022

Since its inception in 2007, the Alumni Mentorship Programme for senior form students has been supported by OSA. Those alumni who registered as mentors have provided to QES students their valuable guidance in and advice on career development and other life aspects.



Screen capture of mentor debriefings

For the 2021-2022 Programme, student participants ranged from S3 to S5 and their attendance was voluntary. Around 50 alumni registered as mentors. The Kick-off Ceremony and scheduled meeting on 20 November 2021 (Saturday) was attended by over 30 mentor counts and 170 mentee counts via Google Meet.

QES Speech Day 2021

The Speech Day was held on 26 November 2021 (Friday) at the school hall, QES. Mr Kwan Sek Yiu (69FA), former Chief Engineer of Water Supplies Department, was the guest of honour of the occasion.

Alumni can replay the recorded ceremony via the following link (YouTube) :

Mr Kwan's Speech: <https://youtu.be/EgFrYna7Joc>

Principal Report: <https://youtu.be/K46leh1TRQQ>



Speech for Speech Day 2021

Mr Kwan Sek Yiu (69FA)

I am greatly honoured to be invited to serve as the Guest of Honour in today's Queen Elizabeth School Annual Speech Day. In fact, I consider that this is the highest honour of my lifetime. I left QES in 1971 after studying in the school for seven years. As I left my beloved mother school, I had a dream in my mind, a dream that one day I will stand on this stage and give a speech on an Annual Speech Day. I am just an ordinary person. How daring was I to have such a wild dream? How could I become fully deserved to receive such an honour. I decided to take a path to become an extraordinary ordinary person. I have patiently waited for this most important day for fifty years. Today my dream has come true.

I remember that in the Golden Jubilee year of QES in 2004, Dr Arthur Hinton, the second principal of QES, gave a very touching speech on the Annual Speech Day. As soon as the music of the school song started, tears ran out of my eyes like a waterfall. I was unable to sing one single word. I looked straight ahead. It would be very embarrassing for others to see a weeping adult without self-control. As soon as the words "Re-echo, Queen Elizabeth School" ended, my tears disappeared suddenly, just as they had come. Afterwards, I realised that my passion for my mother school was even deeper than I thought. I am not sure whether I can hold back my tears when the school song is sung later, but even if I become the first crying Guest of Honour on a Speech Day, I will not feel embarrassed because that is my true self.

My speech will consist of two main parts. In the first and longer part, I will talk about myself, so that you will know more about me, and how my passion and dedication to QES remained unchanged for 50 years (五十年不變). Of course the unchanged scope does not include development and advancement as we have to keep up with the wheel of time.

I had exceptional experience. I took part in quite a number of activities which were held for the first time in Hong Kong. In the second part, I will talk about you, the current students of QES, my younger brothers and sisters.

Let me start with my days in QES. There were so many memorable events in the seven years. I can talk about them non-stop for hours, days and even weeks. I will only talk about those relating to the theme of my speech. In Form 2, I did a lot of service and answered many questions in class. At the end of the term, the remark given by my form master in my report book was "full of self-importance". It was very hurting to an innocent youngster who had a motivation to stand out through making contributions. Nevertheless, the remark gave me a very good lesson. Since then, whenever I tried to show my ability or my readiness to serve, I tendered my sincerity to avoid being seen as showing off. In Form 6, another teacher gave a remark of "has strong sense of responsibility" in my report book. This encouragement gives me propulsive energy even today.

In Form 3, the first cross country race was held. It was actually an urban route round the school along Sai Yee Street, Argyle Street, Kadoorie Avenue and Prince Edward Road. I was somehow picked by the house captain to join the race although I had never run more than 200 metres. It turned out that I won the second runner-up award. My distance running ability was accidentally discovered. I began to join various distance running races. In 1977, I joined the inaugural open marathon in Hong Kong. I have been running full marathons annually since then. I am not sure whether I am the only one still running full marathons after 44 years.

I was lucky to reside near QES. I could afford the time to participate in many extra-curricular activities. When I was in Form 4, I was selected to join the school quiz team. I took part in the first ever inter-school quiz competition which adopted pressing buttons instead of raising hands. Besides, I have represented South House in all inter-house competitions except football and badminton. I won champions in table tennis and the Inter-school Folk Dance Competition. In form 6, I took up the role of Vice-House Captain. I was also elected the Chairman of the Club Chairmen Association, being the leader of all Club Chairmen and the co-ordinator of a majority of extra-curricular activities. The school gave free hand to the student leaders to organise all these activities and only lent a helping hand when necessary. My enthusiastic participation helped me to develop all-round abilities and an amiable character.

50 years ago in 1971, there were two inaugural events. Early in the year, the first Walk for Millions was held. I solicited sponsorship from the principal Dr Hinton and teachers and joined this innovative fundraising walkathon. I was the first to complete the 20 mile course. Since then, I have been joining Walks for Millions annually, first by myself, then with my wife and later with my whole family. During the summer holidays before I entered the university, I joined the first Tolo Harbour Swim. By now, I have been participating in about 100 distance swimming events over 50 years.

On my last school day, I made a special request to address my schoolmates on this stage. I made one special remark, "We are QES, and QES is us". Finally, I put up a large piece of cardboard paper with my home telephone number written on it. I stated that any schoolmate who wished to seek help might call me at any time. In subsequent years, a total of three schoolmates called me at different times. I can only remember one of the three cases. I used one month's salary to purchase a set of cooking utensils from a schoolmate so that he could keep his job. This set of cooking utensils is still being used today. I am not going to disclose my mobile phone number today. If anyone in this hall needs my help, it is very easy to find me through Facebook or other means. I guarantee that I will do my best.

After I left the school, I made many more speeches on this stage, twice a year. At every end-of-term concert, I came back to QES to talk to the current students about the latest situation of myself and the news of some other old students. After about ten years, my workload was too heavy. I could not afford to take a half-day leave. My bi-annual sharing was discontinued.



After graduating from the University of Hong Kong and working for two years, I considered that my work had become stable. I could spare some time to provide service by joining the Executive Committee of the Old Students Association. I was appointed the Hon Secretary. Since then, I have been serving in the OSA Executive Committee continuously, including two years as the Chairman. Currently I am serving my 46th term.

I never had the feeling that I have ever left QES. You see me quite frequently. I always turn up on important events such as the Speech Day and the Homecoming Day. Moreover, I lead my former classmates of the 69FA annually to participate in special relays in the Swimming Gala and the Sports Day. I also run with the staff, the parents and the students in the 5000 m race. I was always in the Organising Committees for the celebration activities of the anniversaries of QES every five years. I am still young at heart. I just feel that I am your elder brother.

I am very lucky to have been able to enter QES for my secondary education. I am grateful every moment as QES has given me a very meaningful life. The school motto "Prepare yourself that you may serve" is always on my mind. I always endeavour to put the school motto into practice with my utmost effort. I am double lucky to have got to know my lifelong partner in QES. With the education and training in QES, she has high wits and possesses all virtues one can expect. I always consider myself to be the luckiest person in this world and no matter how much contribution I make to the community, that is still not enough for repaying my fortune.

There are a few more points about my relation with QES that I wish to highlight. I have served as the Chairman of the QES Parents-Teachers Association for two years. I am one of the two alumni who have served both as the Chairman of QESOSA and QESPTA. The other is Tong Wai Ki of the 58FA. About 25 years ago, I carried out a lot of research and compiled the history of the OSA, which was formed in 1957, a few months after the earliest graduates emerged. I then updated the history once every few years. I am honoured to be called the historian and the encyclopedia of the OSA. Besides, in celebration of the Diamond Jubilee of QES, I took up the role of the Chief Editor and led a team to publish the book 《伊利沙伯·香港》. It turned out to be the greatest challenge in my life. The task was more difficult than any task in my career. The book has many chapters which outline the development of QES in relation to the development of Hong Kong. To any member of the QES family, no other book is more meaningful. You should try to get one if you are not yet in possession of one. There is another publication for the Diamond Jubilee entitled 《Tribute to QES 2014》. There is a special chapter designated for "Old Students with Outstanding Achievements in Science and technology". The information includes the scientist in charge of the space project to Mars and the engineer of the tallest building in Shanghai. I am making arrangements with the OSA to extend the list and to compile information of prominent alumni in other fields. All my effort is intended to ensure that the

heritage of QES would be timely and properly maintained.

Now comes to my career as an engineer in the Water Supplies Department. Over the years I have won over 230 prizes of all kinds. Many were related to staff motivation schemes and sports. I won the Best Sportsman trophy 10 times, including the year in which I retired. Everyone called me Master Kwan(關師傅). Some colleagues even called me the walking encyclopedia of the Water Supplies Department. I also openly made a declaration that I would provide free lifelong service for all tasks executed by me. The final score of my career may be evaluated from the number of participants that attended my farewell dinner. The incomparable figure of almost 900 speaks for itself.

Regarding service and contributions to the community, besides 50 years of Walks for Millions which I mentioned above, I have completed the 100 km Oxfam Trailwalker 24 times. The total sum of funds I raised over the years for various charity events to help the underprivileged exceeds HK\$ 5 million. 2021 is also my 50th year of blood donation. I recently made my 188th donation and have become the person with the highest number of donations of full blood in Hong Kong. Since my retirement, I have joined various organisations and participated in meaningful activities such as organisation of the Grand Parent Day, promotion of Chinese culture and fundraising marathons. I am also a co-ordinator in almost every organisation or group which I belong to, voluntarily taking up various responsibilities. All these are intended to fulfil the school motto of serving others.

It is time to talk about you, my young friends. You are very lucky to have joined the QES family, just like me. I wish to imprint on your minds four pairs of words. The first pair is "by choice" and not "by chance". QES provides a perfect environment for you to learn and develop. It is important for you to well prepare yourself and learn to distinguish between right and wrong, and to make good judgement. Otherwise you may be misled by fake news and do bad things with a good will (好心做壞事). You are advised to set targets, preferably short-term, medium-term and long-term ones. You should make your choice of your own path and not let things come by chance.



The second pair of words that I would like to draw your attention is “constructive” and not “destructive”. Rome wasn’t built in one day but burnt in one. If you think that a system is no good, you should not try to destroy it because the situation would go backwards and become even worse. An ideal system would not appear automatically after the old one is destroyed. You should take constructive actions to improve the system and not destructive ones. On many occasions in my work, I found that the system was not working well, possibly because time has changed. I still abided by the rules because things will be in chaos if the system is not respected. I tried to officially change the system. For major issues, I submitted proposals to the Departmental Staff Suggestions Scheme, and even to the Civil Service Staff Suggestions Scheme. It takes time and effort to improve the system.

The next pair of words is “pleasure” and not “pressure”. For about thirty years of my career, I considered that the most important thing in my work was to serve the community, but that sometimes imposed pressure on me. One day an idea struck me. I started to tell my colleagues and subordinates that the most important thing for going to work is to be happy, because if one works happily, he can do a better job. Since then, I always found pleasure in my work. Even difficult tasks would not bring pressure to me. As students, you should be happy for your school, principal, teachers, schoolmates and the learning environment. If you enjoy coming to school, you are bound to learn faster and improve faster in whole-person development.

The final pair of words is “head” and “heart”. To practise the school motto, in preparing yourself, use your head; to serve others, use your heart.



It is now time to conclude my speech. I have a thankful soul at all times, particularly to QES and for my fortune. I have a loving thought for my family, my school, my community, my country and the world. Today my shining dream has come true. I have established an image of dedication, sincerity, perseverance and reliability. I have tried my best to prepare myself and to serve, and to make the world a little bit better for others. I have made a lot of achievements, but I am only a tiny drop in the ocean. However, union is power. If my spirit can be shared and practised by most people, we can join hands to make the world better.

My dear younger brothers and sisters, I believe a few of you are talented and will perform outstandingly in your career, just like the old students in charge of the project for the Mars adventure and the engineer for the highest building in Shanghai I mentioned earlier. However, most of you are ordinary persons like me. Every person has different background and different abilities. You can base on your own strengths, choose your own path, always be constructive, do your best and become exceptional ordinary persons through visualising the school motto. I hope that the four pairs of words will be useful to you when you come to crossroads in the future. A meaningful life and a bright future are waiting for you.



Queen Elizabeth School Old Students' Association New South Wales, Australia

Committee Members

President:	Tam Hin Cheung	Executive Committee:	Viola Ho
Vice President:	Yam Yat San		Anthony Hui
	Ronald Lee		Benjamin Lau
	Lui Kei		Ivy Lau
Treasurer:	Miranda Wong		Joseph Li
Social Convener:	John Tse		Sam Siu
	Betty Yick		Joseph Wong
Secretary:	Shirley Sham		Betty Yung



2019 Annual Dinner

Member List

FA Year	Last Name	Given Name	FA Year	Last Name	Given Name
	Teaching Staff	Tam David, Woon Man	1971	Chan	Chung Wing
1957	Cheng	Hon Wah	1971	Chang	Lawrence, Chi Yuen
1957	Ho	James, Man-Jin	1971	Mak	Carmen, Mei Ming
1958	Lau	Benjamin, Shing Ming	1971	Sham	Shirley, Chui Yuk
1958	Tam	Yolanda, Fan Tak	1971	Tam	Ernest, Hin Cheung
1960	Yiu	Norman M F	1971	Tse	Ying Yeung
1961	Lee	Benson, C P	1971	Yick	Betty, Tsui Ying
1961	Yu	Roger, Wang Sang	1972	Ching	Cynthia BiK Yin
1962	Luk	Shirley	1972	Wong	Miranda, Kwok Yee
1962	Ma	Wai	1973	Chau	Yuk Ying
1963	Sin	Alfred, Wai Ching	1973	Cheung	Tak Sing, Eddie
1965	Ho	Emily Yuet Sim	1973	Lam	David, Wai Wah
1965	Koo	Cynthia, Mui Haan	1973	Li	Pius, Lee Ping
1965	Lau	Kai Chiu	1973	Li	Virginia, Sau Yee
1965	Yung	Betty, Sau Hing	1973	Ng	Pak Tsan
1966	Chan	Liza, Yuet Ngor	1973	Tse	John, Kai Fai
1966	Cheung	Lik Hang	1973	Yau	Della, Shuk Ming
1966	Wu	Dick Kin (DK)	1974	Ng	Grace, Kit Bing
1967	Ho	Charles, Yui Leung	1974	Ngan	Alexis, Man Biu
1967	Hui	Anthony, Wah Sinn	1975	Au	Raymond, Siu Hong
1967	Lee	Ronald, Sai Keung	1975	Chan	Becky, Yin Ling
1967	Lee	Maisie, Kwai Ying	1975	Ho	Yiu Key
1967	Li	Joseph, Chung Leung	1975	Ng	Wai-Ngor (Margaret)
1967	Wan	Alan	1975	Wong	Stephen, Kwong Mo
1967	Wong	Sam, Shu Leung	1975	Wong	Annie, Yuen Yee
1967	Yam	Yat San	1976	Lau	Ivy, Oi Hung
1968	Lau	Judy	1977	Wong	Joseph, Yue Kai
1968	Ma	Olivia	1978	Cheng	Maria, Ka Po
1968	Tsang	Pinky, Wai Ping	1978	Siu	Samuel, Wing Ho
1969	Cheung	Eleanor, Yee Man	1978	Tang	Joey, Wing So
1969	Fung	Catalina, Wing Yung	1978	Yuen	Astrid, Yee Mui
1969	Kwok	Grace, Yuen Yee	1980	Kaminsky	Yim Nei
1969	Lui	Kei	1981	Lau	Catherine
1969	Lui	Ellen, Lai Kuen	1981	Liu	Lai Fong
1970	Lau	Daniel, Man Shing	1982	Ho	Viola
1970	Tam	Patrick, Ping Leung	1984	Cheng	Winsome
1971	Chan	Edmund Pik Wong	1986	Huen	Stella, Siu Ling

Queen Elizabeth School Old Students' Association British Columbia, Canada

Committee Members

Ellen Ip (Lam Kwan Hei)	71FA
Michael Wu	71FA
Peter Li Shuk Yue	71FA
Tony Lee (Lee Fook Yee)	65FA

2021 Christmas Party



During the past Covid year, we **barely??** hosted small scale activities to keep ourselves together. Luckily, the events were successful and joyful.

We hope everyone will stay safe and healthy, stay strong to fight away the pandemic disease. Cheers!

We could be contacted at our email address at:
修己善群 gesosa.of.bc@gmail.com

Warmest regards from HKQESOSA of BC



Our Dinner Gathering



Member List

1956	CHAN	CHUN WAH	陳俊華	1962	CHAN (AU)	ALICE, TAI-PING	陳大萍
	CHU (LEE)	HELEN MEI HING	朱美卿		FUNG	SIK LING	馮錫齡
	FUNG	CHI-KEUNG	馮志強		KWOK	MIKE, MAN CHUNG	郭文中
	LO	NORMAN, MAN-HOI	盧文海		SHIU	BELINDA, PUI YUK	蕭佩玉
	NG	SHUI-LUN	吳瑞麟	1963	CHAU	SUSAN, SHUK-LING	周淑玲
	TAM	KIT-LING	譚潔玲		CHOW	KI	周琪
	TSUI	RAYMOND, SHEK-HEI	徐錫禧		CHUE	EDWARD, SHIU-HON	褚兆漢
	WAI	HENRY, TSUN-FAI	韋鎮輝		LAI	TERENCE, CHI YAN	賴志人
1957	CHAN	CHEUK-KIN	陳卓堅		TSANG	HEIDI, HING-YEE	曾慶儀
	CHOW	SAU-HA	周秀霞	1964	CHOW	AGNES, YEE-LAY	周綺梨
	CHUI	WAI FAT	徐威發	1965	LAI	CINDY, YUEN-MING	黎宛明
	HO	TSE-KONG	何子江		LEUNG	CHU-LAM, GEORGE	梁珠林
	LAM	YUK WAH	林玉華		LI	ELLEN, SOOK-TAN	李淑檀
	LO	SANDRA, SHUET-HING	魯雪卿	1966	CHAN	CHE JING, AGNES	陳智貞
	TAM	CHEUK CHEUNG	譚焯章		CHIN	LUNG SANG	錢龍生
	YEUNG	NORAH, WAI KUEN	楊慧娟		KWAN	YUEN SANG	關元生
	CHAN	HENRY, TING FAI	陳庭輝		LO	KINSLEY, KIM MING	盧劍鳴
1958	CHAN	YING WAI	陳應煒		TSANG	KENNETH KIN PING	曾健平
	TSANG	ELEANOR, YEE-WAH	曾綺華	1971	CHAN	WAI FONG	陳慧芳
1959	LI	LAI-NGAN	李麗顏		LAM (IP)	ELLEN, KWAN-HEI	林群喜
	LIU	GRACE, LAI-MING	廖麗明		LEE	CHI MAN	李緻文
	CHONG	KITTY, OI-LIM	莊藹廉		LI	JOSEPH, WOON YIN	李煥然
1960	HUANG (WONG)	LOUISA YU-BIK	黃如壁		WONG	CATHY, KIT FUN	黃潔芬
	KONG	YEE HIM	江懿謙		WU	MICHAEL, MING WO	胡鳴和
	LAM	PAK HO	林柏豪	1972	LAU	KA PING, SIMON	劉家平
	LAW (CHENG)	MAY, YIN CHUN	羅燕珍	1975	CHAN	JAMIE, HAU MAN	陳巧文
	LEE	SEE CHEUNG	李仕章		WONG	WINNIE, BIK HAN	黃碧嫻
	LEUNG (YEUNG)	MIRANDA, SHUK-MEE	梁淑美	1979	CHAN	YVONNE, SIU BIK	陳小碧
	LI	VICKY, LAI CHUE	李麗珠	1991	CHAN	TIM, TAK LAM	陳德霖
	LIU	WENDY, SHEUNG OI	廖賞愛	1992	CHAN	KEN, PUI CHUN	陳培準
	LO (CHAU)	BETSY, TUEN WAH	羅端華				
	POON	MAN CHIU	潘文釗				
	WEI	GRACE, C. N.	魏至德				
	WONG	JOHN, SUN-FAT	黃新發				

Queen Elizabeth School Old Students' Association Ontario, Canada

Elected 2021 members of the Board of Directors

James HK Tang (61FA)	Jerry Liu (68FA)
Man Cheung Kwok (64FA)	Michael Ngai (68FA)
Jackie Chiu (65FA)	Daniel Chow (70FA)
Nancy Tang (65FA)	Roger Kwan (78FA)
George Wong (65FA)	Erica Kam (81FA)
Julie Look (67FA)	Karen Kwok (93FA)

It has been a turbulent three years. On top of the worldwide fighting and war, the extreme weather of tornadoes, fires and floods, the pandemic has put a toll on all of us. The cloud of uncertainty cast heavily upon our heads: Anxiety, fear, frustration, loneliness leading to depression, all too common to describe everyone in isolation because of COVID-19.

However, our Ontario OSA members are full of vitality and courage. We have the wisdom to conquer this COVID war. To beat this adversity, classmates found comfort to enjoy meals served, families calmed by caring for their flowers in their gardens, friends connected by having a game or two. Now let's see how some of us sailed through these pandemic years.

Gatherings



68FA in 2021金翠園晚飯，歡迎到訪。
左起：梁炳釗、廖志强、賴德誠、倪友昌、甄庭歡及太太司徒蘇華。



68FA had their lunch at Shangri-la in August 2021. 歡迎來自雷灣和溫哥華同學。
後排左起：梁炳釗、林惠英、麥肖玲及丈夫、甄庭歡及太太司徒蘇華、鄒永倫及太太李佩蓮、鄧富華。前排左起：賴德誠、譚玉文及丈夫、倪友昌。



A gathering of the 65FA in Toronto at the home of Jason and Theresa Leung after a 6-month lockdown in 2021.
L to R: James and Nancy Tang, Mary and Jackie Chiu, Theresa (Lai) Leung.



61FA lunch gathering, September 2021 at New Century Palace.
Back L to R: Selwyn Chow, Henry Lee, Alex Pang, James Tang, Mr. Wing Woo.
Front: Mrs. Letty Chow, Winnie (Wong) Woo, Irene Chan, Nancy Tang.



Ontario OSA member James S.K. Tang (now living in Hong Kong) having lunch with fellow classmates on May, 2022 at Hilton Garden Inn, Mongkok.



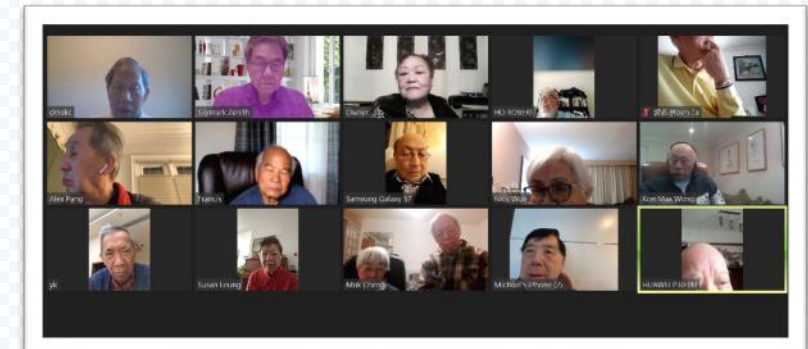
64FA 同學在香港尖沙咀福臨門聚會。
後排左起：劉炯林、江紹誌、吳鏊漢、鄧紹祺、陳玉輝、韓慧琳。
前排左起：梁英傑、張影兒、梁箕球、陳錦章。

Long Distance Connections

Many classmates organized ZOOM meetings, chatting with friends from other continents, oceans apart.



65FA regularly held zoom meetings with classmates from Hong Kong, Australia, Canada, and USA.

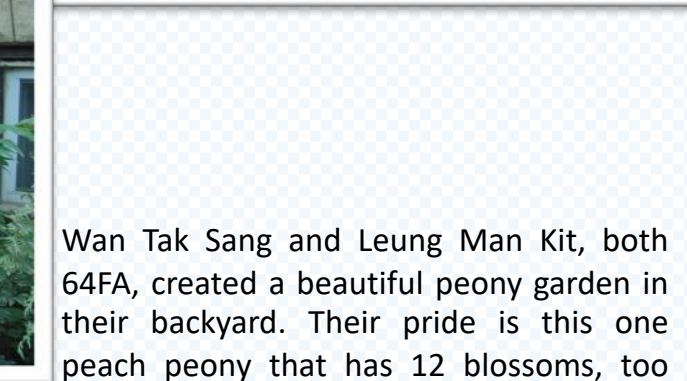
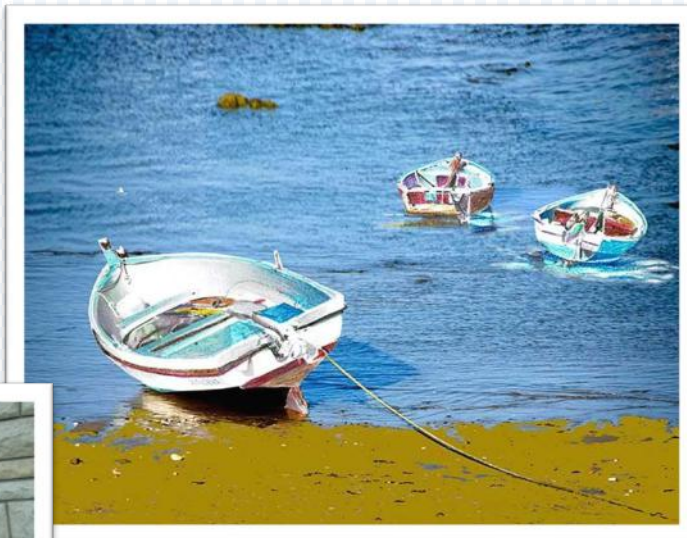


61FA conducted several zoom meetings with alumni in Hong Kong, Toronto, Victoria, Winnipeg, New York, and Los Angeles during the pandemic lockdown in 2021.

Unique Hobbies

Some of us are making great use of their spare time at home, not just being lazy persons watching soap operas on television all day and night! See how healthy and creative activities transformed beauty in the world.

Kan Mi Ki (57FA) “Boats on the shore of Cadiz, Spain” - a ‘Photo-Art’ creation by Mi Ki Kan who made use of his travel past photography collection to transform a new art piece of drawing and photography. He drew the three boats with colour pencil replacing the three boats of the original photo.



Wan Tak Sang and Leung Man Kit, both 64FA, created a beautiful peony garden in their backyard. Their pride is this one peach peony that has 12 blossoms, too heavy to stand on its own.



Member List

1956 Chan Wing-Chung, Michael Chan Yick-Chung, James Chung Mut-King Lee Siu-Hon Herman Lee Helen Lee (Chu) Michael Tam Wong Wing-Chiu Teresa Wong (Ng)	陳榮中 陳奕中 鍾靈瓊 李少翰 李漢銘 朱美卿 譚世寶 王永釗 吳孚中	1962 Cheng Kwan-To Cheung (Kam) Sau-Ling, Sophia Marina Hu (Cheung) Caroline Lau (Lam) Liu On-Jeck, Thomas Pong Ping-Kwan Sin Chung Yu Patricia Wong (So) Edith To Gladys Yao Yeung Kung-Ming Tom Yiu	鄭君韜 甘秀玲 張慧芳 林月星 廖安澤 龐炳坤 冼中如 蘇詠儀 楊公明	1966 Patrick Chow Lau Wan-Kit, Patrick Tony Tsoi Gerald Wong 1967 Carlo Chan Lau Tim-Nam, Tim Elizabeth Lee (Chan) Lee (Kong) Wai-Mui, Winnie Leung Kwok-Hung, Stephen Juliana Look Mak Kai-Sum Ng Shuet-Ngan, Gloria So Man-Yee, James Amy So (Ng) Wong Suk-Yee, Alice Wong (Law) Sin-Hung Stephen Woo	周友柏 劉允傑 蔡太生 黃大康 陳載權 劉添楠 陳玉貞 江惠梅 梁國雄 陸麗娜 麥啟森 吳雪雁 蘇萬意 吳艾媚 王淑儀 羅倩虹 胡貽仁	1974 Ho Chung-Kai, Hubert 1975 Chung (Wong) Wai Shun, Lydia 1976 Cheng Oi-Lin, Veola Chiu (Wong) Shun-Fan, Estella Li Yuk-San, Shirley Ling Jen Yan, Simeon Yung Chi-Cheung, Eric 1977 Kevin Chan 1978 Roger Kwan Lee Mui Siu Man, Marina Liu Ping-Kan Tang Pik-Lan Ivan Wong Barbara Yang 1979 Tim Ho 1980 Janet Yang 1981 Kam (Fong) Kit-Yee, Erica Doris Yang 1982 Lo Sze-Man, Kerin 1983 Philip Chan Pierra Chan 1984 Rita Ho Liu Wun Chee, Anna 1986 Lee Oi-Lin, Jessie 1987 Wong Chun-Ning, Johnny 1988 Leo Chan 1989 Fok Chi Long, Anson 1993 Alvin Chan Percy Chan Karen Kwok Benny Leung 1994 Sin Sui-Ling, Stephanie 1995 Wallace Leung Joyce Li Winnie Ma Wilson To 1996 Milton Chan Eva Li Ma Chi Alice Ng Audrey Waung 2000 Mabel Sun	何仲楷 梅筱敏 李玉珊 容志祥 陳錦松 關海富 梅筱敏 廖秉勤 鄧碧蘭 黃斐烈 楊瑞瓊 何天裕 楊瑞琦 方潔儀 楊瑞琳 勞思敏 陳志偉 陳淑賢 何靜宜 廖蘊慈 李愛蓮 王振寧 陳德彰 霍之朗 陳永嘉 陳珮思 郭嘉穎 梁偉信 洗瑞玲 梁偉明 梁淑緻 馬思然 杜國豪 陳行之 利曉楓 馬智 吳苑 汪銘 孫美寶
1957 Au Kwok-Chu Cheung (Chan) Ling Kin Cheung Yuen-Ming Chow Kwok-Woon Ho Tse-Pak, Karl Ip Moon-Lam Ip Kam-Po Kan Mi-Ki Alfred Lam Lam Wing-Kwong Rebecca Lam Agnes Lee (Ng) Pun Yip-Kai Pun Chiu-Tung Wong Shung-Yam Tony Yue	歐國柱 張陳靈健 張婉明 周國垣 何子柏 葉滿林 葉鑑波 靳美琪 林家佛 林榮光 曾昭英 伍笑瑛 潘業敬 潘朝棟 黃崇任 余乾棟	1963 Au Kin-Ki Au Yeung Pui-Ming Robert Cheng Cheung Kwok-Wing Cheung Kwok-Hing, Philip Amelia Chik Philip Fung Iu Chap-Wing, Lawrence Kwan Chi-Kin, Christopher Henry Lai Louis Lam Liu Chun Wah, Alfred Ng (Fong) Oi-Lin, Loretta Pai Ming, Karen Wong Yim Chau, Thomas Mark Yau Yew Kai-Shan	歐建基 歐陽珮明 鄭耀拔 鄭國榮 張國興 植麗娥 馮裕光 姚集永 關志堅 黎榮勤 林鑑銘 方露蓮 白銘 黃炎貴 邱恩來 余介山	1969 Chan Siu-Wai, Sophia Lo Tat-Biu, Rado Tang Lui Wilfred Wei 1970 Cheng Kwok-Fai, Johnny Chow Kam-Kui Ho (Suen) Seung-Hung, Marca Hui Woo, Patrick Patrick Lum Ma Pui-Lin, Ann Tam Ka-Chuen, Johnny 1971 Ho Wai Man Freda Leung Leung (Cheung) Hester Mak (Mak) Sun-Chi, Sandy Sarah Ng (Yeung) Agnes Tang (Sit) Henderson Tse Yan (Seto) So-Wah, Ivy 1972 Rod Chan Patrick Chau Lawrence Lau Ellen Liebrechts (Szeto) Lo Yuk-Chun, Christina Anita Mah (Mak) Tang Sau-Fun, Angela 1973 Agnes Lee Brenda Kwan Elina Mak Joanna Lee Linzana Leung Lily Li Tilly Kwan Yvonne Chiu	陳少慧 盧蓮標 鄧雷 韋宏光 鄭國輝 周錦駒 孫嫦紅 林秉仁 馬佩蓮 譚加尊 梁梅芬 張佩芬 麥新姿 楊淑明 薛少芳 謝華亨 司徒蘇華 陳明光 周濟學 劉振業 司徒蘇瓊 盧玉珍 麥少媚 鄧秀芬 李文娥 關婉芬 麥慧姿 李秀蓮 李莉莉 趙麗貞 趙麥香華		
1958 Wayne Lau Lee Shiu-Ki Lee To On Li Shui-Ki Horace To Agnes Wong (Chan) Wong Shuk-Wah Wong Wan-Yan	劉偉英 李紹基 李道安 李瑞祺 杜守華 陳慧文 黃淑華 黃允胤	1964 Ho Hon Cheung, Frederick Hui Yue-Sing, William Keung Yat-Hang, Roger Kwok Mang-Cheung Lai Yuet-Siu, Helen Oliver Lam Lau Chun-Yat, Terence Lau Hoi-Wah, Catherine Lee Chung-Kwong, Charles Leung Yat-To Leung Yuk-Fong, Phyllis Ng Ming-Fai, Caleb Ngan Ka-Hin, Andrew Tang S.K., James Wan (Leung) Man-Kit Wan Tak-Sang, Ken Wong (Kwok) Kam-To, Alice Amy Woo Yau Chee-Wang	何漢祥 許裕昇 姜一昇 郭孟彰 黎悅榮 林凱榮 劉振鏗 劉凱華 李重光 梁逸韜 梁玉芳 吳鳴飛 顏家顯 鄧紹祺 梁文潔 溫德生 郭錦濤 胡媚璇 邱志宏	1975 Chan Chi-Hung Chiu Sin-Bun, Jackie Chung Hau-Tak Ho (Ng) Fung-Lin, Nellie Kwok Tsze Hang Lai Yuen-Wai, Anita Leung (Lai) May-Ling, Theresa Ng Pok-Man, Benson Lillian Parnas (Chik) Sham (Lam) Tak-Hing, Julie Tam Yan-Pui, Stanley Tang Ping-Sum Tang (Leung) Kit-Sze, Nancy Wong Chi-Wah Wong Kin-Pong, George Wong Wai-Nang, Johnny Woo Kiu-Kiang Lianna Yung (Chau)	陳志洪 趙善斌 鍾厚德 吳鳳蓮 郭子衡 黎潤維 賴美玲 伍博文 植麗顏 林德馨 譚恩沛 鄧秉心 梁潔詩 王志華 黃健邦 黃惠能 胡九江 周串珠		
1959 Chan (Au) Chi-Sing Chum Yun-King, Grace Lee To Chu, Irene Marina Fu (Liu) Kathleen Lau Samuel Shek Debbie Tam (Sun) Woo Ming-Ko	歐志誠 鞏潤瓊 李島珠 廖月雲 石耀德 孫麗菲 胡鳴高	1965 Chan Kuo-Yung, John Cheng Pei-Ling, Hazel Chow Chi-Kuen, Selwyn Eng (Cheng) Kwok-Yue, Eleanor Ho (Chan) Shuk-Ling, Irene Betty Kwok Kwok (Yiu) Yim-Ping Lee Chung-Wah, Henry Leung Ming-Fai, Albert Susan Leung (Wong) Lin (Liu) Yu-Ha, Bess Alex Pang Pang Cho Yat Tang Wing-Tak Tang Hon-Kit, James Thomas Tsin Wong Kon, Max Woo (Wong) Wai-Yin, Winnie	陳果勇 鄭彼玲 周志權 鄭耀瑜 陳淑玲 吳淑儀 姚琰屏 李重華 梁銘輝 黃婉靜 廖月霞 彭志超 彭祖溢 鄧永德 鄧漢杰 錢大仁 黃幹 黃惠燕				

Queen Elizabeth School Alumni Association United States of America

Board of Directors

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Board of Directors (2019-2021)



The Virtual AGM During the Pandemic

There were 46 attendees at our 2-hour Virtual Meeting on 27 February 2021. We were honored to have the presence of former teacher Dr. Kai Cheong Leung 梁啟昌博士 and two Past Presidents, Nelson Tsang 曾劍輝 60FA and Joyce Yau 游樂 71FA (from Hong Kong). For the first time, we had all 8 Board Directors and members from all over (CA, HK, NY, PA, TX, VA, WA, WI) joining us.

This event was an enjoyable Variety Show with Business & Entertainments (Board of Directors), Medical Overview (Dr. Abraham Law 羅裕康醫生 58FA), Scientific Exploration (Dr. Peter Poon 潘天佑博士 60FA), Educational Presentation (Alex Wong 69FA), and Social Talks (Dennis Wong 黃子斌 61FA and Roy Chan 陳思萱 60FA).



Small Group Gathering in Southern California

A small home luncheon was held on 11 June 2021 to cheer for good health, to enjoy delicious food and to renew unbroken friendship.



Visit of Ms. Jenny Ho Tse Chiu Yee to SF Bay Area

In August, our beloved English Teacher, Ms. Tse Chiu Yee, came visit her long time friend, Vivie Young 鮑嫩嫩 62FA. Several of her 69FA students dined with her and celebrated her and Alex's birthdays at a Poolside Luncheon in Palo Alto. We were in awe with her bravery of driving all the way by herself from San Diego in her Falcon-winged Tesla electric vehicle! It has always been a tradition that our visitors would receive a souvenir from our Calligraphy Master Alex Wong.



Hiking Trips

Our Social Director, Lam Shung Keung, organized 5 hiking trips when the lockdown order eased up in June. More than a dozen die-hard hikers visited the nearby County Parks in the Bay Area.

26 June 2021 -- Lake Chabot, Castro Valley

24 July 2021 -- Huddart County Park, Woodside

26 September 2021 -- Redwood Regional Park, Oakland

14 November 2021 -- Redwood Shores Loop, Belmont

11 December 2021 -- Garin Regional Park, Hayward



就像名作家莫言說：

「找一個理由，去和同學見一面，不管混得好還是混得孬，只想看看彼此，一聲同學，一份關切，情誼綿長。同學是前世的債，今世的情，常來常往，格外芬芳。有同學的地方，就是景色最漂亮的地方。」

We hope to organize more short virtual variety activities (e.g. Karaoke, Games, Jokes, Riddles, Tricks & Tips, etc.) in the coming year, just to rekindle our QES spirit and to reminisce our memorable High School years!

Member List

1956

Shuet Keung Leung 梁雪強
Kenneth Tse 謝繼安
George Wu 伍景偉

1957

Robert Ip 葉于嶸
Hon Yim Ko 高漢棧
Benjamin Leung 梁雪健
Lap Poon Leung 梁立盤
Lok Lin 林樂基

1958

Arnold Chow 周繼發
Kathleen Lau 杜嬌姿
Frank Wu 吳啓中

1959

Sun-Pui Kwok 郭新培
David Lee 李華強
Jonathan Leung 梁雪傑
Juliana Leung 盧淡容
Louisa Leung 林苑萍
Herbert Lo 盧景鴻
Ivy Mok 莫潔芳
Yun Shum 岑欣
Joseph Tang 鄧繼祖
Steven Wat 屈錦華

1960

Roy Chan 陳思萱
Allan Cheung 張兆麟
Keith Cho 曹浩全
Teresa Cho 古嬌芹
Ken Chong 張建平
Morgan Kan 簡敏廉
Shelly Kan 陳湘蓮
Bertha Lee 劉汝璇
Yiu Koon Leung 梁耀觀
Paul Pang 彭國泰
Peter Poon 潘天佑
Catherine Tan 黃蓉蓉
Nelson Tsang 曾劍輝
Grace C.N. Wei 魏至德

1961

Jean Lo 羅韶光
Dennis Wong 黃子斌
Sheung Mei Wong 王尚美
Tin-chee Wong 黃天賜

1962

Clifford Cheng 鄭慧中
Benedict Choy 蔡松光
Louisa L. Choy 梁逸麗
David Chui 崔建中
Paul Hui 許永銳
Esther Lai 孫韶子
Kwok Wah Lee 李國華
Anthony Leung 梁雪平
Sing Fook Lo 盧承福
Lai Mi Man Lui 雷麗薇

1962

Tak Hung Ning 寧德雄
Jo Pak 吳秀琳
Edward Sun 孫志耀
Samuel Tsui 徐永光
Kin Wah Wong 黃建華
Roger Wong 黃紹榮
Dorothy Lam Woo 林金鳳
Vivie Young 鮑嫩嫩

1963

Catherine Leung 劉潔鑾
Catherine Paltowitz 陳潔容
Rosy Yau 曾慧心
Pauline Yen 梁美恩

1964

Savio Lee 李潤根
Philip Tai 戴國魂
Daniel Tam 譚天元
Susan Wong 劉穗生
Wilson Wong 黃天賜

1965

Peter Tin King Cheung 張天經
Ted Cheung 張德讓
Anita Chu 陳淑寬
Andrew Leehim Dea 謝利謙
Esther Fung 馮志麗
Christina Kwong 楊淑然
Dennis Lee 李錦正
Susan Pan 湯秀璋
James Wong 王安

1966

Grace Chan 陳惟怡
Richard Ho 何紀賢
Wing Hui 許榮富
John Lam 林啟耀
Rita Lee 李適焉
Gregory Ng 吳善剛

1967

Raphael Che 車文郁

1968

Henry Chan 陳顯達
Chow Ling Chang 陳洲鈴
Angie Chin 司徒娟兒
Jack Lam 林澤澄
Rina Lau 梁潔心
Connie Lee 張翠萍
Philip Leung 梁樂華
Edwin Lo 羅香文
Sai-Ping Tacconelli 李細萍
Agnes Wesler 鄧秀嫻
Tina Wesler 梅淑儀
Benton Wong 黃子新
Paul Wong 王寶洪

1969

Julia Lai 梁慧玲
Rita Lam 鄧婉明
Diana Lau 程雪艷

1969

Doris Tse 謝少芳
Alex Wong 黃紹舜
Katherine Wong 陳惠明
Natalie Wong 譚瑞瑤

1970

Hayley Chai 沈淑儀
Lan Yee Chan 余蘭儀
Isabella Chung 袁慧群
Lai Yee Chung 楊麗儀
Toni Ying 邢鳳玉

1971

Lucia Hui 許癸生
Peter Kwok 郭予亮
Luen Chau Li 李暖宙
For Shing Lui 呂火勝
Yok Kuen Lui 俞毓娟
Bernice Ng 伍紓
Beth Pao 鮑佩意
Joyce Yau 游樂

1972

Paul HK Wong 黃漢強

1973

Robert Cheung 張紹廉
Chi Wo Chung 鍾志和
Brenda Leung 黃美玲
Teresa Tam 譚美梅
Winnie Wong 黃冰嫦

1974

Eleanor Ng 張潔貞

1975

Choy Pik Chiu 趙賽璧

Shung Keung Lam

Vicky Law 鄧寶燕
Albert Leung 梁錫漢
Fiona Li 李安麗
Albert Leung 梁錫漢

1976

Karm Ting Chiu 趙鑑庭

1977

Charles Ng 伍學斌
Wai Kit Sin 冼偉傑

1978

Kai Leung Cheung 張啓亮
Patrick Lee 李華澤
Yvonne Tse 謝彩玲

1983

Kin Sing Wong 黃建聲

1985

Karan Fu 傅澤飛

1986

Crystal Lee Milton 李惠娟

1988

Gavin Chan 陳文
Helios Tsoi 蔡詩皓
Mandick Wong 黃文迪

69級聯2021年報告

2021年新冠疫情持續，69級聯慣常的春茗連續兩年未能舉行！年中疫情反覆無常，級聯甚至小組的活動大為減少；海外同學回港和本地同學到外地探訪聚舊則完全欠奉。

6月9日自助餐聚會

慶幸一年一度的6月9日自助餐聚會依然可如期舉行，當天有二十多位同學出席—其中黃仲基不久前曾在伊湯中觀課，接著收到有學生確診消息，他被列為密切接觸者，須接受檢測及入住隔離酒店，幸好能趕及在6月9日早晨完成隔離，他回家放下行李隨即趕赴聚餐場地，小別更珍惜，大家都非常開心。



11月12日郊遊樂

眾同學早上在銅鑼灣的酒樓飲茶集合，有幾位無暇行山的同學也來飲茶，爭取相聚的機會。隨後乘坐小巴上寶馬山起步，登上紅香爐峰，飽覽維港全景，繼而沿金督馳馬徑走，至柏架山道落鰂魚涌站，沿途賞景又暢談，樂也融融！



11月20日早茶小聚

6位女同學飲早茶，大家不忘穿著級聯金禧風褸。

Contribution from Form Association – 69FA



11月26日伊中周年頒獎禮

關錫堯獲邀擔任主禮嘉賓，這是他五十年前經過七年培訓離校時的志願，在半個世紀後得以夢想成真，同學都感到與有榮焉，有幾位到場支持，典禮後大家一同吃午飯。關太太張就雲（71級聯）亦是頒獎嘉賓之一。關錫堯在頒獎後的演講，以「不平凡的平凡人」為主題，引領就讀的同學走上光明的人生大道。



雷基獲頒發世界傑出華人醫師獎

雷基旅居澳洲多年，是悉尼皇家醫院新生兒科主任，新南威爾士大學臨牀教授，並擔任澳大利亞和新西蘭新生兒協會主席多年，領導創立了國際新生兒協會。他的專業領域包括早產兒和新生兒疾病，一次次創造了生命奇蹟，挽救了無數家庭的未來。他一直作為特邀專家到中國向同行授課及到醫院進行專業指導，他教導過的學生亦成為拯救新生兒的生力軍。雷基於2021年獲頒發世界傑出華人醫師獎，實至名歸。

Contribution from Form Association – 71FA



暢談春秋五十載
回首昔日伊中情



From Joyce Yau (71FA)

Contribution from Form Association – 81FA

Contribution from Form Association – 81FA



1A



1D



1B



1E



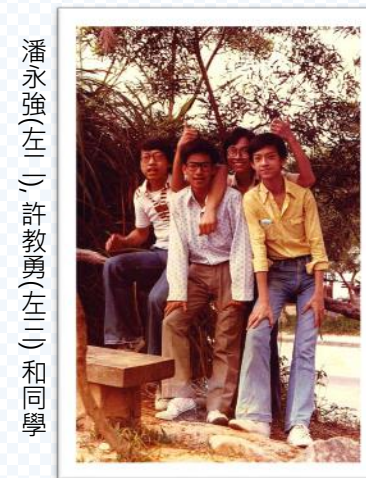
1C



1F

四拾·友·五

四十五年前，一群孩子在伊中相聚、相識、相拌踏上成長路。年少的甜、酸、青澀，除了烙印在記憶中，也收藏於舊照片上。在手機成了我們的腦袋這個年代，這些發白的照片更顯珍貴。



潘永強(左二)許教勇(左三)和同學



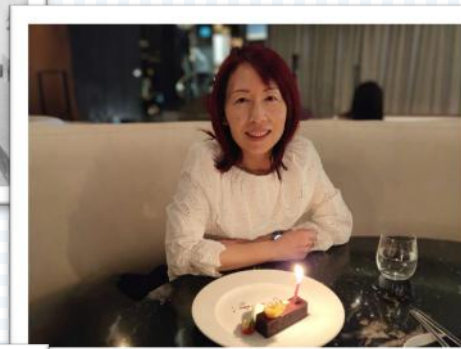
潘永強 近照



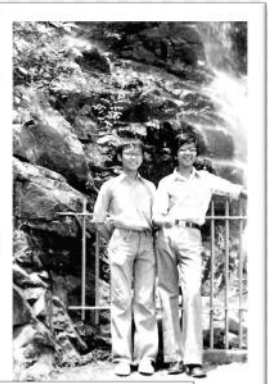
許教勇(左二)與同學近照



陳德儀 1976



陳德儀 近照



陳國漢 許達新 舊照



董青雲和女兒 近照



董青雲(左二)和同學 1976



陳國漢 許達新 近照

81FA

曾偉傑 翁振東 1976



曾偉傑
翁振東
近照



鄭婉貞(中)與同學1976



鄭婉貞與許達新 近照

登「陸」在即

日漸星移，這群孩子已走過人生好些重要階段，足跡踏遍遠近國土，更有不少落戶五湖四海。視野廣闊、歷練豐富、但愈嚐愈滋味的仍然是跟兒時友好相見聚舊，地北天南。



75FA Chan Chung (Chairman)

最近幾年，很多朋友講我最多嘅話題，我估，應該係：你又去行夜山！

雖然我耐唔耐都有行啲七八個鐘嘅長途行山路線，包括西貢，西北新界，大嶼山，不過，安排到長時間同約到戰力相當嘅同伴，真係可遇不可求。

反而，當有兩三個鐘空閒時間無其他嘢做，我真係喜歡去市區邊緣"踱吓"，"出吓汗"，行啲六七公里長嘅短線。

另外，相對日間，傍晚行山真係好處多多：

- 傍晚心情，好多時係同日間分隔，心情輕鬆好多；
- 太陽西下，溫度無咁高；
- 市區夜景，同日間景色截然不同，值得欣賞。

不過，晚上行山，恰當嘅設備係不可或缺。現時頭燈設計很好，輕便、經濟，視野也有保證。再加足夠後備電源，晚上行山和日間行山，不單是我，就是好多第一次和我行夜山的朋友，也覺得"不枉此行"！

我認識嘅男行友，很多還在搏殺階段，日間分身不暇，其實，近一年，已開始有行友抽到時間和我夜間行山！

唔知嘅就可能嚇死，知道背景細節嘅，真係會笑死。話就話行夜山，其實，我好多時都係行靠近市區嘅"山野"邊緣，例如黃大仙區獅子山，鰂魚涌區渣甸山，甚至係中半山嘅西高山，這些路線，其實離市區只是一箭之遙，絕不是蠻荒之地。「行夜山」，沿途撞到不同年紀嘅同行者(唔識嘅)，夾夾埋埋每次都有三四十人，我估，雖然數目

唔可以同維園相比，不過，感覺上真係都幾熱鬧！

如果有校友，不論男女老幼，有興趣，不妨約吓我，以我有限經驗，同我有少量後備照明工具供借用，一齊體驗吓行夜山嘅感覺。



81FA Ching Wai Ming, Jasmine (Vice Chairman)

自從1983年中七畢業離開QES後，對舊生會一直認識不多，只知道師兄師姐們好有心，在天水圍區積極辦學。直至QES五十周年，幫忙大師姐蔡太籌辦在會展的周年晚宴，並主理其中一個叫Birthday Cake Parade的環節，自此便與舊生會工作結下不解緣，一直是舊生會委員以至副主席。

算來不經不覺已經有十多年，QES亦快將步入七十周年。慶幸這十多年的服務時間，也不是白過的。期間開展了很多新的項目，包括Homecoming Day、Ball Game Tournaments、Mentorship Programme，協助學校平整足球場草地等等，亦將舊生會周年晚宴帶回QES禮堂，讓校友可以藉此機會回到母校，重溫到會形式的傳統晚宴。

參加舊生會的義務工作，讓我認識了許多跨年代的校友，為我的人生添上了許多色彩。希望來年有更多年輕校友可以成為舊生會委員，讓舊生會工作可以一直傳承下去，延續QES這個大家庭帶給各位校友的溫暖和友誼。

86FA Tong Sau Chai, Henry (Vice Chairman)

會心微笑

很榮幸能夠在過去十多年參與伊利沙伯中學舊生會教育推廣機構在天水圍的兩間津貼中學和兩間津貼小學的教育工作，見證着天水圍從一個從前被標籤為「悲情城市」的地區，逐漸轉變成一個年青、充滿活力、朝氣勃勃，同時又充滿着鄉郊傳統和人情味的社區。

隨着上任校長朱國華先生的榮休，伊利沙伯中學舊生會湯國華中學（伊湯中）今年迎來了新任校長溫穎思女士。作為伊湯中的校監，我和溫校長在九月一日開學禮歡迎和鼓勵新舊同學。

溫校長今個學年在伊湯中推動 “I Can Make You Smile Campaign”，鼓勵同學盡力發揮「修己善群」的校訓，令身邊所有人都發出會心微笑。計劃先在校內開始推行，繼而推廣至同學的家庭和社區。

期望舊生會四間學校繼續為天水圍社區發光發熱，同時感謝校長、老師和各位校董為教育所作的奉獻！



湯修齊（右二）與溫穎思校長（右一）、鄧家良副校長（左二）和洪昭隆副校長（左一）在2022年9月1日伊湯中開學禮之後在 “I Can Make You Smile Campaign” 壁報板前合照。

94FA Yan Sui Tong, Albert (Vice Chairman)

大家好。我是94FA 甄瑞棠。

轉眼間已經加入OSA大家庭六年了。現在是OSA的Vice Chairman，亦有份參與校營及校務的小組工作。

自小在QES，已經留意到有很多舊生，經常會回到學校參與活動；他們無私的分享及帶領，使同學們獲益良多。參加了OSA組織之後，更加眼界大開，有點像以前中一入學時的感覺—不同的學會有不同招收新會員的方法。

後來更發現OSA及EPO，分別為兩個不同的法定慈善組織。主要目的也是教育推廣工作。發覺自己從一個學生、變成一個家長、再變成一個舊生參與校務，有份參與的確對自己更大的啟發。而且亦可以藉此，把自己所經歷的和現校的學生及家長分享更多。

有份參與舊生會的學長，都是志同道合。每次開會及閑談時，也是特別投契。而這一群「同志向」人特別之處，就是他們的年齡分佈很廣—由三十歲到八十幾歲。但閑談時，大家的理念及想法都是類似的；所以OSA其中一個目的，亦是將這一群「同性質」的熱心人種維繫在一起，繼續為母校作出貢獻。

今年更適逢School Camp 60周年，身為這全港獨一無二，而由學生自助管理營地的其中一個持份者，倍感光榮。亦要感謝，多年來無數的學生、舊生、家長及老師一起去維繫及保護營地，令到大家可以繼續分享及製造不少美好的回憶。



我覺得身為QES家庭中的一個受益者，接受過學長及學校的「恩」，所以希望盡一己之力，去參與及推廣OSA嘅工作；令到「修己善群」的精神，可以在QES流傳下去，令所有有份參與的人的生命更加有意義。

94FA Cheung Oi Mui, Judy (Honorary Treasurer)

我是94FA張愛梅，但當年同學間應該更熟悉叫我「高妹」。在QES渡過的七年時光，除了課室，我在學校消磨時間最多的應該就是排球場。中一至中七，C Grade至A Grade，同學們記得我的印象最多應該就是「打排球的高妹」吧。

最近偶爾回想起中學時期是如何渡過的，我全無印象平日是何時做功課的，但清楚記得每星期總有好幾日的放學時間，甚至是Lunch Time，也是練波、練波、再練波。回想我的當年，QES排球隊也算是一支有實力的隊伍呢！舊生會近年舉辦的Ball Game Tournaments，令眾多多年不再接觸排球的舊生們重新找回打波、練波的興致。我當年的排球隊隊友們近年亦因此每星期訂場練波，一來可定期做運動，二來亦可為隨時復辦的Ball Game Tournaments做好準備。可惜，隊友們的練波時間實在太早了，直到目前我只參與過數次，希望將來有機會多參與。



話說我當年除了是排球隊隊員，其實有一段時間也是羽毛球隊成員。有趣的是，當年雖是羽毛球隊隊員，但我從未認真學過打羽毛球。最近數年，因安排女兒學習打羽毛球，我也因利乘便，一起跟教練打了三年。做了媽媽，做了「師奶」後，身體累積了不少「肥膏」需要減一減，同時亦覺得有必要定期做運動。羽毛球算是高運動量的項目，一小時的羽毛球訓練，我由初時的每十分鐘休息一次，到目前一小時只需在中間休息5至10分鐘，體能好了，亦逐漸感受到自己的球技慢慢進步，腳步移動亦更靈活、更快速。果然是「日子有功」，我看著女兒一年比一年進步，我自己何嘗也不是呢！

各位QES的師兄弟姐妹們，大家也要多多運動，保持健康啊！

94FA Mak Chi Shing, Matthew (Honorary Secretary)



有志者，事竟成。

Hello 大家可以叫我 Matthew 或志成。屈指一算，原來我已加入了舊生會接近二十年。還記得當年 Winnie Kwok 師姐邀請我認識 OSA，到後來以委員的身份一直參與至今，我十分感恩能與不同年代的校友一起為 QES 和天水圍所辦的學校付出一點點，希望將來有更多不同年代的校友，不論以任何角色一起參與，實踐校訓修己善群的精神。

69FA Kwan Sek Yiu

我於1974年在香港大學畢業後，獲政府聘任為見習工程師，第三年被調派到水務署，一直服務至2011年年尾退休。我工作兩年後，覺得職業已經穩定下來，可以騰出一點時間來服務母校和校友，就加入了伊中舊生會擔任委員，一開始就獲選為義務秘書。我於1976年中開始服務伊中舊生會和水務署，這兩個機構對我同等重要，佔據了我人生大部分時間。我在水務署曾公開承諾，對任何處理過的任務，提供終身免費服務；我至今退休已超過十年，但一直對部門和同事提供支援，從未間斷。至於伊中舊生會，我已連續擔任委員46年，包括有兩年擔任主席。2016年是我服務兩個機構40周年，我寫了以下的詩句：

天生我才必有用，傾力為人不錫身。
服務豈止四十載？成績還望一百分！
堅毅練成強體魄，真誠贏得美婚姻。
修己善群記心內，健康快樂最感恩。

我非常幸運，能夠入讀伊利沙伯中學。校訓「修己善群」為我帶來充滿意義的人生；更難能可貴的，是我在伊中認識了我的終身伴侶，她冰雪聰明、多才多藝、善解人意、無微不至。我們緣自伊中，熱愛生命，有相同的價值觀和主要興趣。我們對人對事，都傾出摯誠，悉力以赴。我認為自己是世界上最幸運的男士，無論我做幾多好事，都未必足以回報我的幸運和幸福。

我慶幸約在30年前年輕力壯時，花了很多時間蒐集資料，撰寫了伊中舊生會的歷史，之後每隔一段時間更新一次，現時已沒有當年的魄力。

我非常榮幸在伊中60周年紀念時，獲舊生會委任擔任為主編，領導小組出版了《伊利沙伯·香港》鑽禧特刊，這項任務比我職業上的任何工作更為艱鉅。小組又出版了Tribute to QES 2014，把很多伊中的重要資料集中一起記錄下來，又設立了一章，報導「對科技有卓越成就的校友」。2024年將會是母校創校70周年紀念，我期待可領導學弟學妹，再度出版特刊，一方面更新舊生會的歷史和上述重要資料，另一方面蒐集在不同領域有卓越成就的校友的資料，向大家報導，也讓校友的傑出貢獻，獲記錄及傳誦下去。

在2021年我喜獲母校邀請，擔任周年頒獎禮的主禮嘉賓，這正正是我50年前離開母校時的願望，經過半個世紀後，得以夢想成真。我仍然會繼續在舊生會服務，很希望能夠有接班人，在我服務舊生會滿50年之前，全面吸收我對伊中和舊生會所有知識，接棒跟進我的工作，並發揚光大。



82FA Kong Fuk Yip

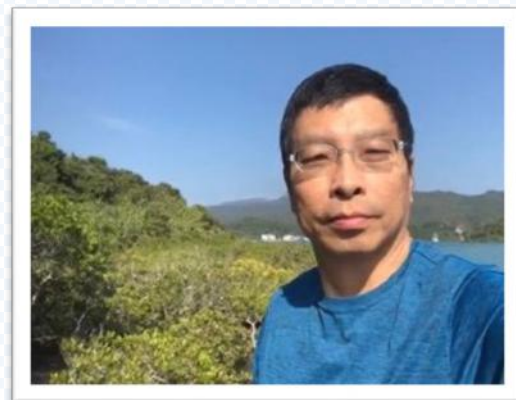
哭個飽吧！（《伊利沙伯·香港》節錄）

三十多年前一個炎熱的晚上，一名四歲小孩被慌亂的母親帶到醫院來，急症科醫生在診斷一欄寫上“Crying”，便把他送上病房，令人摸不著頭腦。我替他細心檢查過，這位小病人身體並無不妥，他只是不停地哭，據說已經哭了兩個多小時.....

也是一個三月的下雨天，中五最後一天上課的日子，這天不叫畢業，我們叫“Release”，隨後的日子，大家各自閉關苦讀，以應付一個月後的中五會考。

這一天，就是最勤奮的同學也會放下手上的書本，帶着「紀念冊」去找老師和同學，希望他們留下片言隻語；連平日沒兩句的同學也會上前搭訕，也許大家心裡明白，明天以後便要各奔前程，很可能不會再見。氣氛卻是熱鬧和喜悅的，看不出半點傷感。有同學聯袂走遍校園常到的角落，甚至嘗試闖入一些平日不能到的地方，現在還記憶猶新。談談笑笑，又到「九點四十五」，upper landing、lower landing、covered playground 的燈逐一關上，那是伊中夜校關門的時間。曲終人散，看着大閘徐徐關上，幾位校工罕有地向我們說再見；大伙兒百般不捨，再一次走下斜路。道別的道別，一班同學卻和老師宵夜去了。這一刻大家臉都上沒有異樣，依然興高采烈，但眉眼裡難掩那一刻的落寞。五年伊中生活正式劃上句號，以後也不須要穿上白衫白褲、藍白格仔的校服。坐上深宵小巴，高漲的情緒逐漸退去，回到家裡心情更直墮到谷底，再控制不住，淚水就泉湧而出。這一刻已沒有離愁別絮，前路茫茫的空虛，反而有一種喜悅，五年並沒有白過，至少曾經認識過一班好朋友。哭着哭著就停不下來.....

我把四歲的小人兒擁入懷裡。孩子你哭吧，甚麼原因也好，哭個飽吧！孩子終於哭累睡著了，我把他放回病牀上，見天色已微明，差不多天亮了。孩子你得睡好，明天便會忘記得一乾二淨；但我仍然記得，當時哼著這首歌陪你入眠：「再會吧！再會吧！伊中再見。希望明年亦有今天，再會時，仍然是一班好友，再共談理想實踐。或者在目前，成功雖稍遠，但生命旅途，仍將由人訂，命裡際遇，也定能變動.....」



83FA Cheung Pui Kwan, Edwin

數年前，回到學校參加舊生會舉辦的足球賽事，參賽隊伍有10多隊，舊生參予人數接近100人，氣氛非常熱鬧。

唯一美中不足的地方是足球場的惡劣狀況：滿佈小沙丘、草頭、小洞及蚯蚓。當時球場根本不適合比賽，球員很容易會受傷。當年我有一隊友出場不到1分鐘，便因腳踏小洞導致身體失平衡，右拳擊中左面鎖骨，結果需要休養9個月。其他隊的球員也因為場地的問題，造成了很多的損傷。後來，我突然有一想法-可否做一些微型的修復工程，令到球場更平坦，更適合作賽？

最後，有賴舊生會(特別是程慧明師姐)及數位無名英雄的全力協助，工程總算成功達到目標。球賽在疫情影響下已停辦了3年，希望疫情很快消失，我們能重回足球場上繼續比拼及重聚。



87FA Chan Sau Man, Samantha

我在中學時期已很喜歡美術科，因此選修報讀了商業廣告設計系，工作與生活一直忙碌。

直至2012年，我參加了伊中「六十周年校慶標誌設計比賽」，當時參加者包括現校學生、家長、舊生，接近1,000份參賽作品，我呈交的創作設計稿件，在芸芸作品中脫穎而出，榮幸被選為總冠軍。

在六十周年校慶 (2014-2015年度) 各項慶祝活動、周年晚宴、宣傳品、紀念品、網頁、馬拉松跑隊衣、替代校呔.....等，印上這標誌。

亦因此認識了舊生會主席及各幹事委員，更被邀請加入成為一份子，與一群有熱誠又積極推動舊生會發展的學兄學姐一起服務舊生會及母校，發揚校訓「修己善群」的意義與精神，並傳承下去。



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我很高興在這當中讓我學習到很多新事物，同時發揮所長，更珍貴的是透過參與活動認識到跨年代校友，共融相處，懷著一份親切感，只因大家曾在相同氛圍的校園內學習與成長。



89FA Chan Wai, Joanne



How fortunate!

Even today I can't help thinking how lucky I am to have become a part of QES. I still remember the first day I stepped into QES and what an exciting environment it was for me. I was immediately surrounded by many friendly faces, some of whom have become lifelong friends. The passion and professionalism of each and every charismatic teacher made growing up much easier and the positive energy of the school has given me the strength and confidence to face life's inevitable ups and downs.

90FA Chan Tik Yuen, Leonard

我對母校有一份內斂的深厚感情

小學時的我是這樣的：不犯校規，但也不算聽話，老老實實地用小聰明去讀書；拿我沒辦法的班主任試過見家長「投降」，告訴我媽媽就是想見一見這個百厭仔的家長長的怎麼樣。估計當時老師見到我優雅的媽媽，可能以為我不是親生的。今天已為人父的我，雖然隱約感受到當日父母的無奈，但卻沾沾自喜我的孩子們肯定比我優秀，因為她們除了聰明，還很用功。



到了中學卻不同了，伊中令我明白原來我這叫崇尚自由，不拘小節。雖然是一所傳統的官立名校，但是在校長蘇宗仁博士管治下，學校對學生非常開明和開放；加上使命感強的老師們用心栽培，同學們都有很大的空間去發現和發展自己的興趣和專長。我也漸漸放膽去發揮創意、勇往直前，及信任我身邊的同伴。這是我對伊中的第一份感情，也直接影響到我長大以後做人做事，甚至經營公司的理念和態度。

中二的時候，PE老師不時讓我們在足球場跑7圈半（1里跑）。開始，雖然我是男生裡最慢的其中一個，但也覺得沒什麼問題；後來開始有女生超越我，這就讓我覺得沒面子了。於是在冬天體育堂休跑的個多月悄悄地練跑，準備之後一鳴驚人。我還記得逢星期一至五早上五時多學校未開門就把書包拋過圍欄，然後去跑8字圈（即圍繞洗衣街、亞皆老街、窩打老道、太子道上落嘉道理山兩次的5公里跑）；跑完後學校已開門就可以整理自己，神不知鬼不覺準備上課。漸漸，我跑完學校還未開門，我就知道訓練成功了。當然，這跟每次臨到終點有幾位友校的女同學叫聲“哥哥仔，又跑步呀！”不無關係（可惜，這間學校已經不在我們座山）。結果也如願以償進入校隊，卻再次因為在學界被女跑手的成績超越而再苦練一年，最終在中三入選香港越野跑的青年隊。獲得階段性勝利的我這時忽然想通“女生比男生強”並沒什麼；每個人本身就各自不同，每個人也各自有自己擅長的地方，更不應以性別區分。遇到能力比自己更強的人，我可以尋求合作，把事情做得更好。這種把面子成為奮鬥的動力、把對手變成隊友的啟蒙是我對伊中的第二份感情。

中學畢業之後，我就赴美留學。那個時期萬維網（www）還未興起，大家都是用終端機「上網」。我在上網時偶然在關於香港的新聞羣組認識幾位伊中師兄後，便萌生把大家在網上組織起來的想法。於是在羣組內發起組織了舊生聯絡名單（QES ALUM-LIST），短短一年就連結了近200位舊生，讓失去聯絡多年的校友能夠重新建立起聯繫，當中更包括不少年邁已退休的師兄姊。看到伊中舊生對校友身份的自豪，只因同校就信任素未謀面的學弟讓我發現母校給我的能量是一輩子的。這是我對伊中的第三份感情。

這三份深厚的感情原本會一直內斂下去，但因為參與舊生會工作的緣故，讓我有機會透過這篇給校友的文章將它們釋放，和大家分享。最後，祝願在校的師弟妹，在往後的日子努力奮鬥、事業有成、回饋母校、服務社會；豐富自己人生的同時，多參與及支持母校和舊生會，大家一起將在伊中所學的及對伊中深厚的感情傳承下去。

99FA Kung Wing Yan, Kenix

I am honoured that I've joined as an Ex-Co member of QESOSA. To me, QES is always a place full of good and treasured memories. My favourite activity before the COVID-19 pandemic was the Ball Game Tournaments of the Homecoming Day. In face of challenges and adversity, I find mindfulness practice to be helpful in being aware of moment-by-moment experience, allowing me to respond wisely and cope better during these difficult times. I now invite you to try the following exercise and may we all find inner peace.

Three-Step Breathing Space

Step 1: Awareness. Being alert of what bodily sensations, feelings and thoughts are present. Simply observing without the need to change anything.

Step 2: Focus. Narrowing the field of attention to focus on the breath. Perhaps, being alert of the rise and fall of the abdomen or chest, or noticing the flow of the breath through the nostrils.

Step 3: Expansion. Expanding the attention to include the body as a whole. Acknowledging any sensations that are present and bringing this widened awareness to the next moment of the day.

12FA Li Ka Ka, Katy



「十年樹木，百年樹人。」距離我從伊中畢業，今年剛好第十個年頭，我的身分亦由一位學生，變成了一位中學老師。

「修己善群」的校訓時刻提醒著我，教育的工作從來沒有捷徑，每一步都要沉穩踏實，時刻裝備好自己，培育學生面對充滿挑戰的未來。

我十分感恩伊中帶給我難忘的六年中學生活，高中時期有幸參與領袖生、學生會和師兄師姐計劃 (BBSS) 等校內組織，在師長們的支持及鼓勵下為同學們籌備組織不同類型的活動，縱然過程中遇到了不少困難，成果亦不一定盡善盡美，但至少我們都樂在其中，盡全力付出。而作為第一屆文憑試考生，面對著一個又一個的未知數，雖然感到徬徨，但慶幸校長、一眾老師和同學們陪伴著我。還記得中五那年參與「學長師友計劃」，學長們回校與我們一眾師弟師妹分享自身工作經驗，我牢牢記住了

他們每一句窩心的鼓勵說話，亦使我畢業後以「學長」身分參與計劃，希望能夠做到薪火相傳，感染更多師弟妹日後加入學長行列。今年我亦加入了舊生會擔任委員，希望在一眾師兄師姐的帶領下，為母校略盡綿力。

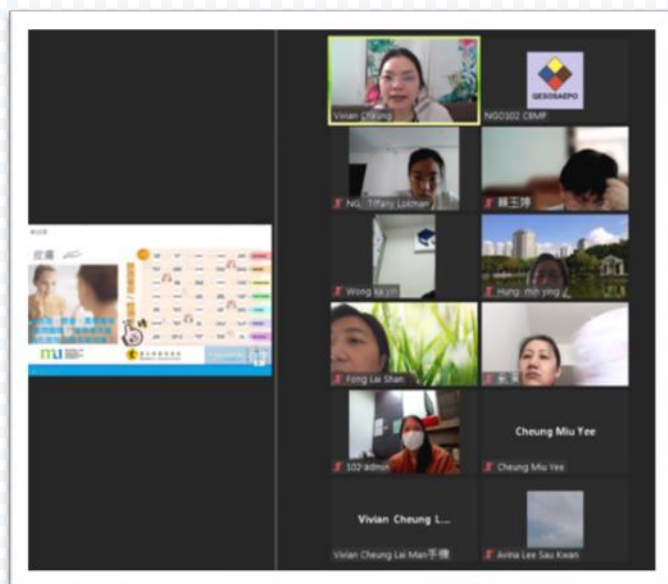
對比現時疫情持續，每個人都戴著口罩，連面對面的聚會、實體課堂等都變得奢侈，再回想起中六最後的一個上課天與一眾同學們校園草地上拍照留念、聊天，當刻一幕幕的畫面顯得格外珍貴。於我而言，每一次於校內校外與中學老師、同學們相聚，感覺上我從未離開伊中，有著深厚情感之外，現在更多了一份責任感。感謝師兄師姐們包容我這位舊生會執委會的「新丁」，希望之後有更多機會與伊中的每一位相遇、相聚。

Honorary Advisor:	Mrs FUNG Yung Siu Han, Maisie	(1959)
	Ms KAM Po Hing, Margaret	(1963)
	Dr WONG Tai Wai, David	(1963)
	Mr SHUM Man Ching	(1965)
	Mr TONG Wai Lop, Philip	(1974)
Advisor:	Mr HO Chung Nin	(1958)
	Mr YEUNG Woon Ki	(1958)
Chairman:	Mr TONG Sau Chai, Henry	(1986)
Vice Chairman:	Mr CHAN Chung	(1975)
	Mr LAU Siu Ki, Kevin	(1976)
Honorary Secretary:	Ms LEUNG Wai Ha	(1978)
Honorary Treasurer:	Mr CHEUNG Kwan, Eric	(1977)
Committee Member:	Mr CHAN Kin Hoi, Allen	(1969)
	Mr MAK Yiu Hay	(1969)
	Mr TAM Wing Oi	(1969)
	Mr WONG Chung Kee, Steve	(1969)
	Mr MA Kang Ching	(1970)
	Ms CHEUNG Chau Wan	(1971)
	Ms LO Siu Yin, Anita	(1971)
	Ms FUNG Pui Ling	(1972)
	Ms LI Pik Lan, Carmen	(1978)
	Ms TONG Man Foon	(2000)
Legal Advisor:	Mr CHAN Kin Hoi, Allen	(1969)
Auditor:	W.M. Moo Certified Public Accountant	

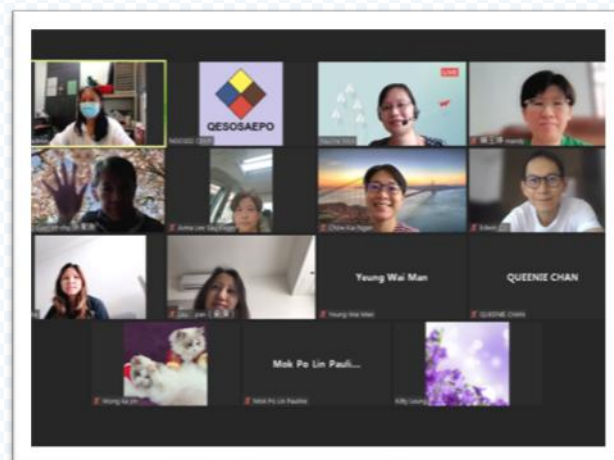
QESOSA Tong Kwok Wah Secondary School started supporting the Capacity Building Mileage Programme (CBMP) since 2008. This community programme aims to encourage women to improve their all round ability as individuals, and help remove environmental barriers and provide them opportunities to build up their capacities. In 2021-2022, the 2 courses offered via zoom were enrolled by 20 participants counts. Among them, 10 participant counts were the parents of EPO schools students.

Course	Participants
Semester: November 2021 Elegant Makeup and Dressing	8
Semester: March 2022 Communication Skills with Teenagers	12

EPO has set up a scholarship (家長互助互學獎勵計劃) for EPO school parents to encourage them to set a role model for their children in lifelong learning. Parents who enrol in and complete the CBMP courses will receive the scholarship. This year, 4 scholarships were awarded. Since the introduction of the Programme, 640 participant counts have been awarded the scholarship.



儀容之道



與青少年溝通技巧

伊利沙伯中學舊生會小學 2020-2021年度校務報告

蔣棟良校長

前言

過去一年疫情陰霾雖仍未消散，但學校一直秉承辦學團體的辦學願景，致力為學生營造一個「正面、積極、關懷」的學習環境，讓學生的身心、情緒和社群意識達到健康均衡的發展。隨著疫情反覆，學校因時制宜，採用「混合式教學」的方法，一方面在實體課上維持優質的教育服務，另一方面嘗試運用電子學習的優勢，不斷創新，務求把疫情對學生學習的影響減至最低。本年度，學校亦踏入三年發展計劃的最後一年，各科組努力提供多元化的學習經歷，提升學生的成就感，並透過正向心理學培育學生的正向特質。以下是本年度的校務報告：



在課室洗手盤及洗手間加設宣傳海報，教授學生洗手的正確步驟。

做好校園防疫工作 為學生提供安全的學習環境

校園的衛生及安全是學校最重視的工作之一，面對疫情及健康這兩個至關重要的因素，確保學生及家長能安心回校是必要的。

學校一直按照衛生防護中心提供之指引，安排工友清潔校舍，亦聘用清潔公司到校進行深層清潔。在恢復面授課的日子，學校發展組致力為校園安排好每天的防疫措施，例如入校的檢測安排、在校園每個角落放置清潔消毒設備及加強實體與網上宣傳等。學校亦增撥資源，購買各種防疫清潔用品及器材，例如在學校正門及側門安裝紅外線體溫探測儀及自動酒精搓手機，檢測入校師生或其他外來人士有否發燒徵狀。此外，也改善了校園的洗盥設備，方便師生清潔雙手，亦在課室及特別室張貼有關防疫及衛生訊息，提醒學生多加注意等。

「混合式學習」漸成熟 創造多元學習機會

為適應疫情所帶來的轉變，學校根據上年度的經驗，延伸「停課不停學」的理念，採用「混合式學習」的方法，結合實體課堂及電子學習。首先，學校從新編排時間表，為半天上課的日子安排最適切的實體學習活動，讓學生安心回校，維持在實體課堂內的學習機會；此外，學校購入多個網上學習平台，為下午時段的網課、電子課業及促進學生在家互評互賞幾方面創造更多機會。在下午時段，教師為學生安排了成長課、各項拔尖補底的課程、升中面試課程及說話訓練課程等。學生打破了時間與地域的限制，充分利用上下午時段的「混合式學習」繼續維持學習習慣。

身處內地的跨境學生，因關口尚未自由流通問題而未能回校上課，透過「混合式學習」，學生能透過資訊科技緊貼學校的學習進度。學校定期為學生收發實體課業，並配合即時網課及電子功課平台，跨境學生就算安坐家中亦能上課。



在內地設試場，為跨境生安排公平、公正的呈分試。

學校更為五、六年級的跨境學生特設內地試場，讓學生們能公平、順利地完成呈分試，保障學生升中呈分的權益。加上班主任及科任老師的努力，在網上適時跟進跨境學生的學習表現，為跨境學生因隨時通關而回校做好準備。

專業教學團隊 堅守崗位 尚學自強

疫情對學校的日常運作設下了重重難關及挑戰，但教師的專業並沒有因而受到影響，面對突如其來的轉變，教師團隊一直表現出專業及使命感。為了維持「停課不停學」，在學與教組的帶領下，教師團隊在間歇停課及復課之間堅持不懈，透過頻密的集課及討論不斷創新求變，設計最適合應對當下情勢的課程及教學法，維持學校的教學服務水平，例如在不同學科、不同的全方位活動運用Zoom應用程式與學生進行即時視像課堂。

教師在疫情嚴峻之時，仍然持續進修，不斷與外間機構合作，務求時常裝備自己，把最新穎及最適切的教學法引入學校，充實及優化現有課程。例如本校中文科教師與香港中文大學教育學院大學與野夥伴協作中心合作，參與「促進實踐社群以優化小班教學」支援計劃，教師團隊的表現專業，並在分享會中匯報優秀的教學設計及學生作品，表現獲主辦機構讚賞。各行政組亦在校內定期舉辦專業進修分享會及工作坊，在學與教策略、生命教育、正向心理學及對有特殊學習需要學生的分層調適策略等方面作出裝備。

生命教育供養分 風雨無阻幼苗長

在疫情期間，學生較多時間坐困家中，加上天水圍區較多雙職家長及跨代照顧的家庭需要，孩子在長時間缺乏群育生活下，他們的情緒及德育發展是我們非常關注的。透過班主任的陽光電話，及時了解學生的成長需要及最新的家庭狀況。培育組與級主任

定期召開會議跟進學生的情況。此外，學校亦在下午維持進行成長課，由班主任向學生培育正向的德育及生命教育訊息，甚至邀請外間機構舉辦網上版的全級週會，讓學生參與講座或觀賞德育主題話劇，保持學生的心靈健康。

雖然學校因疫情關係而未能舉辦大型的集會活動，但仍繼續透過在課室利用視像會議進行早會，透過老師分享正向教育訊息，發放正能量為學生打氣，給予學生同在同行的感覺。學生在早會保持禮儀，輔以班主任適切及貼心的解說，培育學生的正向價值觀、提升學生對學校的參與度及歸屬感。



透過生命教育「我的BB蛋」，體會珍惜生命、孝順父母的德育主題。



本校中文科教師與香港中文大學教育學院大學與野夥伴協作中心合作，參與「促進實踐社群以優化小班教學」支援計劃。



早會時，學生莊敬自豪地在課室內唱校歌。

學生才華盡展現 提升學生成就感

回應關注事項，為提升學生成就感，學校在校園的每個角落增加了展示學生的作品，讓學生的才華成為伊小最矚目及耀眼的風景。在課室中，各班均設有「一人一展示」區域，讓學生定期為自己更換最引以為傲的作品，並達致互評互賞的效用；在各樓層的走廊更設有「榮譽榜」，表揚在學術及品德有成就的學生，加強學生的幸福感與成就感。就藝術教育而言，環境也是學生的「小老師」，在充滿藝術氣氛的環境中，學生能得到更多啟發及刺激。



6C班劉芷晴同學在徵文比賽中取得優異成績，在疫情下寫出滿滿的正能量。

視藝科課程發展結合美化校園的元素，於校園四周展示學生作品，更設有小小藝術家畫廊，讓表現優異的學生舉辦個人作品展，為學生營造充滿藝術氛圍的校園。

除了在校園佈置及氛圍的營造外，學校也積極為學生報名參與各界的校外比賽，讓學生擴闊眼界與視野，知己知彼，使他們在學界有發光發亮的機會。本校學生在各方面的校外比賽成績優異，表現出色，除得到評判的讚賞與肯定外，也獲得了不少比賽的獎項。



4A班小藝術家劉灝嵐的個人畫展。

家校合作無間斷 攜手培育新一代

疫情一直影響社會氣氛，加上面對新的學習模式及學習環境，家長既要面對工作壓力，又要處理孩子的學習及管教問題，家長及孩子的情緒健康是老師非常關注的。家長與學生相處時間增加，更需要學校作出家庭支援，達至更緊密的家校合作。

學校在疫情期間，透過定期的陽光電話，與家庭保持緊密的家校溝通，了解學生的學習情況、關注家庭是否需要學校作出支援，家長及學生的回應正面。我們亦安排了家長講座，加強家長教育，為合資格的學生提供免費午膳，減輕家庭經濟壓力的負擔。



透過網上家長會，與家長探討如何支援子女在家中電子學習。

總結

在疫情下，學校的責任及使命更見重要，本校一直堅持和秉承「修己善群」的辦學理念，為天水圍的莘莘學子提供優質的教育服務。在學與教及教師專業發展上，我們不斷積極地尋找可發展或優化的地方。未來，我們將一如以往，在教育的最前線上傾盡全力，家校一心，務求培育學生全人發展，在學術文化、體藝及品德情意上日益長進。

伊利沙伯中學舊生會小學分校 2020-2021年度校務報告

梁潤蓮校長

前言

作為學習型社群，學校不斷追求卓越。過去兩年，在社會事件與疫情的衝擊下，很多事情都不一樣，猶幸學校在法團校董會的帶領、教職員的努力及家長的支持和信任下，我們仍能逆境前行，自強不息。我們不斷創新嘗試，在各方面均作出不一樣的突破，且取得不一樣的成果，現簡略報告如下：

化危為機，敢於創新與嘗試

面對疫情，一方面做好防疫工作，一方面需要解決學與教的問題。眼見停課的日子一再延續，我們化被動為主動，積極求變，包括重新設計學習材料、調適家課安排、增強家校溝通，以及加強對內地生的關顧等。自去年二月起，我們已大規模上載自製學習影片供學生學習，每星期有規律地給予學習任務。到了三月更開始進行有規模的網課，成為學界中最早推行網課的團隊之一。除了正規課堂，又把不同活動製成網上版，包括每個周末邀請嘉賓參與的主題講座及閱讀分享、畢業禮、各類家長講座等。



同學為幼稚園學生主持的「eFun 教室」

同學在不能回校的日子裏，更充分表現自主學習、力爭上游的精神，部分同學藉著課餘的空間，自學西班牙文、日文等外語，又有同學自學編程電腦技術、剪片等，並奪得大獎，甚至有兩位同學成為網絡小說家，數十萬字的作品獲得出版社垂青將在暑假出版成書。同學自主學習的表現，令人欣賞。

為了讓家長更了解學校各項改革並作出配合，在停課初期全校教師合作拍攝短片，鼓勵學生及家長要正面積極跨越逆境，其後校長及老師在線上又舉行超過四十場家長講座，令家校合作更見緊密。為了讓學生能早日復課、學得更好，全體教職員主動接受病毒檢測，為全校學生爭取提早回校進行面授課。再加上我們適度恢復下午學習時段的成長課、導修、延展課、多元化學習課，並分組照顧尖子及後進生，讓學生更貼近正常的學習生活。學校種種的努力，令家長對學校更信任、更支持。



同學為社區人士送上「心意包」

疫境前行，繼續優化學與教

疫情確實加速新模式、新思維、新方法的出現。過去，線上學習多為輔助角色，隨著疫情不穩定性發展，我們預見到面授課與非面授課交替互補的學與教模式將成為主流，

「未來」已提早出現了！因此我們不敢怠慢，積極作出變革，包括改動時間表、上課常規、課程設計、電子工具、學科以外的關顧等，務求讓學生可享有「貼近正常的學習生活」。老師們善用不同的平台，把學習內容設計成學生可自學的材料，再配合網課進行討論、分享。由於「未來」對學生自主學習的能力要求極高，因此不論是網課或面授課，我們都增加學生互動討論、分析、匯報、反思的機會。

此外，為了讓學生「貼近正常的學習生活」，我們亦善用下午的時間進行線上學習活動，如成長課、課餘興趣班、參觀、校隊訓練及比賽、口語面試訓練等。

至於停辦了一年的主題學習周亦以前所未見的形式出現。各級根據不同主題進行跨課程學習，但由於回校人數的限制，因此各級按主題及活動的需要而決定回校，或是線上進行。雖然這次活動未能像以往般走出學校，親身實地體驗，但在老師悉心的策劃與安排下，學生的投入與收穫，仍令人滿意。

學、教、評一向互相緊扣，既然學與教模式有改變，評估亦須配合。學校於本年度一方面減少各級測考次數，一方面引入「不一樣的平時分」。學生在平日的功課、上課的表現均會計入平時分，而「表現」在於態度是否積極投入不在於紙本上的分數。我們喜見同學重返校園後，學習態度確比過去積極。

面對新的學與教文化，教師專業成長十分重要，因此教師除了在備課上加強電子教學的分享外，我們亦繼續加強觀課及議課文化，提升教師教學效能。感謝辦學團體的專業帶領，我們以提升教師（特別是中層領導）觀課及議課能力為目標，在校內進行有系統的培訓。復課後不久，進行了四節公開課，再加上校內全面的考績觀課，均對教師的專業成長有很大的幫助。

校園環境及資源運用方面，亦無不為提升學與教作準備。為配合閱讀推廣，學校申請了優質教育基金重新裝修圖書館，並把展藝天地改為集閱讀、匯報及表演於一身的舞台。課室設備方面，本年暑期將會為全校課室的電子屏幕更換至互動式的。此外，畢業同學代表連同老師、家長一起協力完成的大型地標式壁畫，亦別具意義。希望疫情過後，校園由軟件到硬件都令人耳目一新！



家長「送暖行動」，令人感動



超過四十場網上家長座談會

善用資訊科技，培養科技人才

隨著新世代的來臨，每個人都必須有良好的資訊素養—既能駕馭資訊科技工具，又能善用工具解決生活難題，在知識、技能和態度方面三者兼備。我們把BYOD「自攜裝置學習計劃」推展到三年級，同學們除了應用iPad進行預習、課堂活動外，多元化成果展示更是電子學習的優勢，如朗讀錄音、拍片，或是把研習成果以個人或小組協作製成簡報，更甚者，同學自編、自導、自演拍攝學習影片教授同學或展示所學。評估方面，呈現的透過電子工具可進行即時評估，讓教師盡快了解個別學生的進度和程度，以便照顧個別差異。

除此之外，我們也積極推動STEM課程，不但把高年級常識科分拆成為「綜合人文科」及「科學與科技科」，更跨課程安排STEM活動和研習，包括科探實驗與編程課程，以培訓學生所需知識、技能和態度，並綜合運用，發揮創意，解決生活問題。



與姊妹學校進行交流

培養正向性格，發揮互助互愛精神

本年度，我們貫徹「伊家人」以校為家的理念，繼續與香港城市大學合作推行正向教育，以24種正向性格為骨幹，按年齡設定各級目標，統整各級成長課，令課程更有系統。學校除了培養學生積極正向的心態外，更著重同理心。學校既以「修己善羣」為校訓，貢獻社群自然是應有的學習經歷，尤其在疫情下，更是應盡的義務。因此，學校安排學生進行「疫境同行，伊分送暖」行動。活動中，我們訓練學生學習組織、聯絡、訂貨、包裝以至運送、饋贈和慰問。透過社會服務，讓不同學生各司其職，發揮所長，從中親身體驗助人的快樂。

此外，學校舉行了多場名人講座，為「伊家人」作經驗分享，提升家長、學生和老師的抗逆力，主持包括張瑪莉女士、廖安麗女士及黃亞寶先生，他們生動真摯地把親身經歷與大家分享，令校園充滿正能量。



圖書館正式開幕



齊心合力完成的大型壁畫

發展多元智能，發掘無限潛能

雖然受疫情影響，但我們仍堅持突破限制，讓不同能力的同學有發展潛能、受訓及表演的機會，做到「擴闊視野，追求卓越」。疫情放緩時，我們陸續恢復有限度的面授及非面授訓練，培養他們在不同領域發展個人潛能，建立自信。本年度全校學生共765位學生，但在疫情下，參加校外比賽仍有共846人次，當中684人次獲獎，獎項更涵蓋語文、數學、STEM、音樂、視覺藝術及體育等多個範疇，部分同學更獲得個人榮譽大獎，這對每位持分者都起了很大的鼓勵作用。

總結

回想這段日子，同事的專業令人欣喜，疫情不但沒有令我們停下來，反而令我們走得更快。「逆境前行，自強不息」是這一年來伊分的寫照，當中感謝辦學團體的帶領，家長的支持和信任，讓教師能在多變的挑戰下，闖出新的教學路，培養未來的人才。我們期望在各方努力下，繼續打造高效的學習環境，讓同學可以成為疾風中的勁草，迎向未來，開創新的世界！

QESOSA Secondary School 2020-2021 School Report

LAW Wai Kam, Principal

Staff Strength

Our school has a strong and professional teaching team of 67 members. On top of the EDB permitted number of teachers within the establishment, the school has allocated various grants and funding to recruit additional 10 contract teachers. Among the teaching staff, 64% hold master degrees, and the remaining 36% are bachelor degree holders. More than 80% have 10-plus years of teaching experience. All teachers have been professionally trained -- 30% have successfully completed training in Special Education; and all teachers of English Language and Putonghua have met the respective requirements of the language proficiency assessment.

Public Examination Results

Among 17 subjects taken by students, there are 6 subjects attaining a higher credit rate (i.e. attaining Level 4 or above) than Hong Kong schools on average. They are Liberal Studies, Economics, Tourism and Hospitality Studies, BAFS (Accounting), Visual Arts and Physical Education. The average credit rate is 29%. 74.1% met the general requirements for sub-degree programmes (i.e. Level 2 in 5 subjects including Chinese language and English language) and 34.8% met the minimum entry requirement for undergraduate programmes (i.e. Level 3 in 2 subjects and Level 2 in 2 subjects, or “3-3-2-2”, for the 4 core subjects).

English Learning

English is a key learning area at our school. We aim to help students develop their language proficiency by creating a language-rich environment. Apart from the EDB Native-speaking English Teacher (NET), 2 additional school-based NETs have been recruited, expanding the English team size to 14 teachers, evidently providing more opportunities for our students to practise communicating in English. English as medium of instruction (EMI) classes are offered in junior forms. Lesson time in English as a medium has increased progressively for subjects such as Science, Mathematics, Geography, Computer Literacy and Visual Arts. Our important events, such as the Speech Day and the Sports Day, are all conducted in English.

Remedial teaching of streaming Form 1 and 2 students into small groups have been adopted to allow teachers to give more support to the weaker students. Differentiation in assessment with Syllabus A (remedial curriculum) and Syllabus B (general curriculum) was adopted with test and examination papers set differently to bridge the learning gap.

In order to promote reading, intensive and extensive reading schemes have been implemented, incorporating regular reading and speaking lessons into the junior form curricula. All these were constructed in with an aim to help our students to become more confident in using English and enjoy their language-learning experience.

School Life during the Pandemic

The e-learning support team continued to give support to the whole school under the pandemic by providing e-learning strategies. Most teachers have quickly adapted to the new teaching modes and students' participation in online learning has increased gradually. Different ways to continue student activities have been introduced by teachers to cope with the pandemic situation. For example, regular practice of the Football Team, Fencing and Oil Painting Class have been changed to be carried out via Zoom. House meetings, SU AGM, Inauguration ceremony etc. were conducted in both face-to-face and YouTube live hybrid mode.

The Student Union continued to organize activities for students through zoom. The "Monthly Challenges" and the "Monthly Song Dedication" campaigns were conducted through Zoom and Instagram. Carrot cake making class and paper roses class for Mother's Day have been conducted online. 85 students in total participated in the online activities, which was more than expected.



22th Hong Kong Youth Science & Technology Innovation Competition - Most Innovative Award



22th Hong Kong Youth Science & Technology Innovation Competition

Awards

Our students continued to have remarkable performance in various open competitions. Academically, our students were awarded several gold and silver medals in the 4th “Praising Peace” Chinese writing competition and some merits in the Chinese slogan competition. Students won silver and bronze medals in English public speaking solo and solo verse in the 72th Hong Kong Schools Speech Festival. In Science, our school has been awarded the gold medal for their project at International Science and Invention Fair (ISIF) 2020 in Jakarta, Indonesia, Gold Award for meritorious achievement in the Korea Science & Engineering Fair International 2020 and the silver medal in the Expo Sciences Mexico 2020.

In sports, our school was awarded Hong Kong Student Sports Awards by A.S. Watson Group. We also won the silver medal in the Volleyball Tournament organized by YWCA. In Music and arts, the school was awarded various prizes in piano solo and vocal solo.

Conclusion

With the constant challenges ahead, we will keep striving to provide the best learning opportunities for our students, to equip them with the skills required in the ever-changing society, and to enable them to develop their skills to the fullest.



23rd Hong Kong Youth Science & Technology Innovation Competition Second Prize



The Greater Bay Area STEM Excellence Award

QESOSA Tong Kwok Wah Secondary School 2020-2021 School Report

Chu Kuok Wa, Principal

“I continue to believe that if children are given the necessary tools to succeed, they will succeed beyond their wildest dreams!”

David Vitter

Staff Strength

Our teaching staff consisted of 63 teachers, which was above the standard established staff number granted by the Education Bureau. 100% of the teachers employed have received their undergraduate degrees, 55% of them held higher degrees, and 95% were professionally trained. Moreover, all English teachers have attained the language proficiency qualification as required by the Education Bureau.

Class Structure

There were four classes in each form from S1 to S6. To maximize learning outcomes and increase overall student performance, especially for students with learning challenges, small class teaching was implemented in junior forms. Under this arrangement, teachers were able to assess students’ progress and performance more effectively, and tailor their teaching strategies to better cater for the diverse needs of students, thereby improving overall student achievement.

Student-centred Curriculum Support

The school adopted a whole school pastoral care policy, focusing on a school culture based on the values of respect and positivity. A dual class-teacher system was adopted to help students have a balanced development in their academic and moral aspects.

As COVID-19 still posed dangers, face-to-face classes resumed on a half-day basis in phases in a gradual and orderly manner. Numerous online learning and self-study resources were arranged to facilitate and encourage students to become independent learners. Teachers and school social workers provided mental health support and counselling services for students during the transitional period.



Professional Development Workshop on academic value-addedness

English Enrichment Initiatives

Facing the COVID-19 outbreak which affected learning activities for students, English teachers were committed to providing a language-rich environment for students to develop their interest in English and improve their English language skills through a wide variety of activities. To help students gain confidence and increase their interest in learning English, arrangements were made for students to participate in various English activities including Hong Kong Schools Speech Festival, online vocabulary teaching, debate course, engaging English Society activities and inter-school writing competitions. Level-based activities gave students a chance to practise English in a relaxed and informal environment whilst applying the knowledge and skills they had acquired in lessons. S1 Cooking Competition, S1 Dessert Workshop, S2 Online Quiz, S2 Tie-Dye Workshop, S3 Quiz Competition, S4 Story Telling Competition and S5 Debate Competition were successfully organized under challenging COVID-19 circumstances.



English Online Cooking Competition

Pull-out classes and split classes were arranged to maximize students' use and exposure to English, to increase interaction between students and teachers and to improve quality of support. Being able to read is undeniably an important part of our students' mental development. An extensive English reading programme was implemented to develop students' reading ability and cultivate their reading habit. Students were encouraged to regularly read an e-reader suitable for their reading level and matching their likes and interests.

2020-2021 Highlights and Achievements

The overall passing rate of the 2021 Hong Kong Diploma of Secondary Education Examination was 64%, with 37% of students obtaining Level 2 or above in 5 subjects including Chinese Language and English Language.



History e-Reading Award Scheme

We put emphasis and resources on an all-round education and whole-person development. Over the past year, our students made both academic and non-academic achievements. Academically, a total of 37 students ranging from S1 to S4 participated in the 72nd Hong Kong Schools Speech Festival (English Speech) and 20 of them obtained Certificates of Merit. In the HKCYAA English Writing Competition, 6 students won the championship, 2 silver awards, 1 bronze award and 2 merit awards respectively. In the COVID-19 English

Writing Competition jointly organized by the City University of Hong Kong and the Hong Kong Multiple Intelligences Education Association, 18 students were awarded prizes - 2 first prizes, 3 second prizes, 2 third prizes, 4 merit awards and 7 outstanding awards respectively.

Five S5 students were awarded the first runner-up in the Fieldwork Report Competition for Secondary Schools co-organized by the Education University of Hong Kong and Caritas Chan Chun Ha Field Studies Centre. In the Liberal Studies Online Challenge organized by Hong Kong Education City, our school won the Active Participation School Award. Two S2 students and 1 S3 student won the Merit Award in the Junior Secondary History e-Reading Award Scheme 2021 jointly organized by the EDB and the University of Hong Kong.

In the sports domain, 60 students participated in the Hong Kong Inter-School STEM Sports 5G Competition hosted by the Hong Kong Education Development Association. One of the students won the first runner-up prize for the highest personal average number of steps and the personal highest total number of steps. In terms of group awards, the school won the Outstanding School Award and the third runner-up prize for the highest average number of steps.

One S6 student was awarded the Future Stars - Upward Mobility Scholarship. Meanwhile 2 S6 students were presented with the Sir Edward Youde Memorial Prizes.

Conclusion

Despite the unprecedented educational challenges arising from the COVID-19 pandemic, we held a firm belief that we should provide our children, the future pillars of our society, with more diverse learning opportunities, improve their well-being and equip them with the knowledge, skills and attitude needed to embrace the challenges ahead of them.



Promotion of National Education by Weekly Flag Raising Ceremony



First runner-up in the Fieldwork Report Competition

With the Compliments

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Graduate of 1969

陳健開
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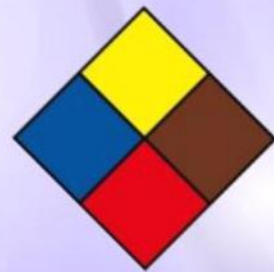
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Credit Card via PayPal

e-invoice (An e-invoice will be emailed to you.) *or*

QR Code (Please scan the QR code to access QESOSA website for donation.)

Reference Number: _____ Date: _____



e-Wallet

Fast Payment System 轉數快: FPS ID - 2346005

Reference Number: _____ Date: _____

Receipt

Name to be shown on the receipt: _____

Same name as in Personal Particulars. No receipt required.

Acknowledgement

Name to be shown in acknowledgement: _____

Same name as receipt. No acknowledgement required.

Notes:

1. The personal data collected will be treated as strictly confidential and will be used only for communications with you.
2. If you do not wish to receive further correspondence from OSA with the submitted information, please check the box
3. Donations are tax deductible.

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